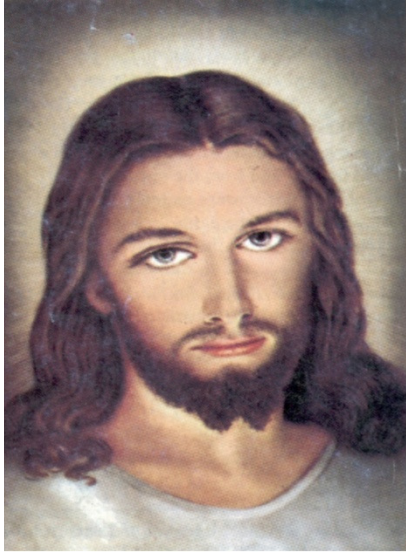




THOUGHTS AND REFLECTIONS

**from the writings of Mamma Carmela
Volume 4**



THE IMAGE OF THE MERCIFUL JESUS

“Write my daughter, you will be the apostle of my Merciful Love. I will bless you. I will shower on you abundant graces and great gifts. I will bless the families who expose my Image. Speak to Me often and invoke Me thus:

**‘Merciful Jesus, we trust in You:
have mercy on us
and on the whole world.’”**

Milan, April 20, 1968

The Merciful Jesus in the excessive goodness of his Heart promises that:
“Whoever venerates with love and devotion in his house my Divine Image will be preserved from the chastisement. In the same way as the ancient Hebrews marked their houses with a cross made with the blood of the paschal lamb and were spared by the exterminating Angel, so it will be in these sad times for those who will have honoured and exposed my Image.”

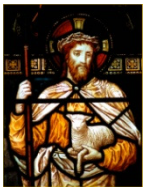
Milan, September 5, 1968

“I have invited you to be apostles of my Divine Face and I have promised you that with that Image I will touch the hearts of sinners and I will draw everyone to Me.”

Milan, January 25, 1972

“My children, you all want mercy for everyone. Well then, become interpreters of our desires. Do so that in every family together with my Divine Face may enter the practice of the Rosary, just as it is, as the holy Virgin wanted it, as the saints, the virgins, the martyrs, the great and the small of every age practiced it.”

Milan, May 4, 1972



Front cover: Stained glass image of Christ as the Sacrificial Lamb.

THOUGHTS AND REFLECTIONS

4

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Catholic Archdiocese of Melbourne

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AUSTRALIA

*The thoughts, the reflections
and the meditations
in this booklet,
were inspired to a soul.*

*They are, however,
addressed to all those souls,
who, desirous to love the Lord,
seek to put into practice
his teachings and
to live the Christian life
more perfectly.*

*May Jesus
bless these pages
and those who read them
with the desire
to improve themselves,
granting the help
of his grace.*

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DO NOT FEAR THE DEFEATS

October 1, 1968

Daughter, follow the path that I have traced out for you without fear of making a mistake: let the Law of the Lord be the norm in your life.

Let the voice of the conscience be the continual call of God, which points out to you the good and makes you avoid evil. The modern world can no longer discern good from evil, it suffocates the voice of the conscience and has no fear of offending God, who is constantly present to it: it scorns my Commandments, and knows no other law than that of the pleasure of the senses, of its own will and dominium over others.

Do not follow the habits of the times. go against the tide; join those who are eager to do good as you and start a league: that of good versus evil.

It will be a battle that you will be engaged in. I will be your leader and defender. I will reward you after having raised you up again after every defeat. Do not fear the defeats. If you are motivated by good will, there will be no deadly defeats. You will have a moment of weakness or weariness, then it's back to fighting, one goes forward confident and serene.

When everything changes, God does not change, as does not change his Law and his mores, his truth and the Creed. For as much as the winds blow strong, you stay with Him, and like Him you will be invincible, strong like Him, immortal like Him.

IN THE COMPANY OF JESUS

October 2, 1968

My daughter, I want to prepare you for the day's retreat on Friday.

I will be in your midst to work miracles of grace. Do not worry about anything. I will help and enlighten my minister, but above all I will speak to the heart of each one. You will make Me the gift of your mind, your heart and your will, and I will do the rest.

My Mother will be in the midst of you as teacher and guide: entrust yourselves to her and let yourselves be directed.

The cross will not be lacking.

RECOLLECTION AND SILENCE

October 4, 1968

My daughter, write and carry out all I am about to tell you.

May the Spirit of the Lord be upon you and in you to enlighten you, instruct you and inflame you with love. Never fail to have recourse to Him in every undertaking of yours, especially if of the spiritual order, so that He may direct and perfect what you do for the glory of God and the sanctification of souls.

Forget this day all the material things that bother you and plunge yourself into my Heart.

I will speak in you and through you to the souls who will follow you and will have accepted our invitation. Ask all for exterior and interior silence and recollection. Help those in need of a good word, that you will be able to say between one proclamation and the next. My minister will be enlightened and will speak with plenty of heart.

I desire that many take a healthy bath in my Blood by means of Confession. I will be generous with mercy, forgiveness and grace. You will tell everyone that Jesus wants to have a heart-to-heart meeting with each one of them to transform the lives of each and render it more spiritual and more in keeping with the teachings of the Gospel.

Days full of joy

Daughter, a day spent in my company has brought so much joy to souls and much consolation to Me: I would like all your days to be full of joy because full of God

Never forget this truth: to the extent that your heart will be emptied of things frivolous and of no value, it will make headway in things of eternal and infinite value. At the same time sorrow will disappear, not for itself, since sorrow is inherent to life and therefore irrepressible, but will enter that joy serene and unmistakable with the joys of the world that lets one taste Paradise on earth.

The three boys sang in the fiery furnace; Daniel sang in the lions den; John sang immersed in the boiling oil and Laurence begged the executioners to turn him over on the grill, because on one side he was cooked. And they were people of this world.

But I assure you that no one who has truly tasted how sweet it is to be with God, would renounce this pleasure though even if to remain faithful to Him he was to meet death with all the tortures.

When you see God ...

Give thanks to the Lord for this gift and consider how immensely greater will be your joy, when you see God face to face in the splendour of glory, when God will be your reward, and will give himself to you all and each one in particular, with the immensity of his joy in order to communicate it to you.

Live with Me, live in God, children.

Renew often these loving trysts with your Heavenly Father. Reignite with new fire your heart to the divine breath of the Holy Spirit, so that you can enjoy in its entirety the beauty of a life lived spiritually.

Let not the long journey strewn with tribulations and thorns frighten you. It is a journey that I too have taken and you, walking in my footsteps, will not feel all the pain.

I hold you by the hand like children: you have only to follow Me and love Me.

I GIVE YOU AS A MODEL PADRE PIO

October 8, 1968

My beloved children, peace and joy be to you.

I see you with so much pleasure in this place that I keep consecrating more and more. You are my children, and none of those who come to pray to Me and my Mother in this place I want to be lost.

I see you again with all your ills and your worries spiritual and material. I cannot deprive you of all these things that make you suffer, because it would be like wanting to deprive you of eternal glory. But I desire to give you so much strength and so much peace whereby the suffering will seem slight to you.

I give you as a model your spiritual father Padre Pio, who so lovingly and with such peace endured tribulations of every kind and I invite you to tell me often: *"Jesus, by the sufferings endured by your servant Padre Pio help me to suffer and to love suffering."*

Make use also of your sufferings to defeat the devil, since most of them are sown by him, who after having caused them tries to discourage you to take away your strength and love.

Children, if you saw the work of the devil in the world how it is subtle and ingenious, and how much collaboration he finds among men! Do you want to be outdone by the Evil One? Oh, no! You have Me to help you, you have my Mother; therefore, take courage and be united in good as the Evil One unites the wicked in evil.

Unity is strength! Forward, children: the battle of God is that of love. Your weapon is the Rosary. Your flag the Faith. Your guide Mary, the winner of every battle, the Queen of Victories.

I bless you, children, and I embrace you one by one pressing you to my heart.

Do you want to love Me and make Me loved? Thank you, children.

TRUST IN PROVIDENCE

October 11, 1968

Daughter, here I am eager to communicate to you my will.

Never be troubled by all that concerns the good economic family performance. Your trust in Providence, which has never faltered even in the most difficult moments, must continue to be so even now.

Remember the Gospel passages that will be of light and comfort to you, and never doubt of the existence of the good and provident God in all your needs.

Act with serenity and peace. Do charity in proportion to your strength and desire to do them in superior amounts, since even the desires will be rewarded.

Remember that if you possess ten or give alms in proportion for ten, while you would desire to do for a thousand, you will be rewarded as if you had done for a thousand. If instead you expect to possess a thousand for doing good, it is most likely that you remain empty-handed.

Fulfil your duties

Trust Me. Fulfil your duties with peace and quiet, giving to Me with all your heart what perhaps men take away from you by force.

I explain to you. Maybe someone deceives you, does not pay you or robs you and you cannot recover what is yours. Consider having made a gift to the one who has treated you unjustly; for my sake forgive everything and completely, and you will have a great reward.

Do they impose a tax on you, a fine that you feel out of place? do not be worried excessively up to losing your peace. Do for my sake and the neighbour what the State imposes on you by force, and even of these things I will give you the reward.

I never test anybody in a way beyond his strength . When the trials and sufferings seem inadequate to your chances of endurance, you fall into a huge mistake: often times it is only a temptation, but consenting to which you lose of courage and are disheartened.

Know, my daughter, know everyone that suffering is a gift and that, before putting a cross on you, I give you the strength to carry it.

See, with what I told you, the explanation of many graces freely given. They are the preparation to as many sufferings that the Lord wants to allow in a soul, because by means of them she can be closer to Him in glory.

Everything is grace

Sometimes you say that the graces that the Lord gives you have to be payed for. It is wrong to say that. The Lord does not act like men, who do not give anything, generally, without expecting a reward.

God is love, and all that He does, He does in the plan of salvation and the future glory for his creatures. See things always in this light: everything is grace. Give thanks for everything, without making the cross cumbersome for you.

There might come to you the thought that, rather than having to carry very heavy crosses, you would give up the gifts that the Lord wants to give you. It is a way of thinking too human and a little selfish. Every gift that a person receives is destined to bring benefits to many; they would be deprived of them if you do not welcome it.

Your suffering is a means of salvation for you and for the world and a means of glory for everyone and especially for you. See how it is convenient for you to always say yes. Accept daily and joyfully what I give you in every way, and, I beg you, give Me your response of love with the adhesion of your will to mine.

The Heavenly Mother

My Mother, who is also yours, was enriched beforehand with all the graces and gifts of God. From eternity God had prepared all these gifts, with which He would have adorned her soul and accompanied her existence.

She was to be the Mother of God and Mother of all the living. To this task so grand and so serious she had to be prepared. God made it a masterpiece, a jewel of perfection and grace, and He loaded her with the heaviest cross that could exist after mine.

What happened to my Mother, happens to creatures chosen for some special mission, and in ordinary life, He gives a cross in proportion to strength.

Therefore, entrust yourselves to the Teacher, the Heavenly Mother and she will teach you how to receive the gifts with gratitude and humility, and how to carry the cross with serenity and gladness. Often have recourse to her. A mother never abandons her children in need, and rejoices when they are in joy. She is always close: you are safe.

THE NECESSITY AND USEFULNESS OF PAIN

October 12, 1968

My daughter, listen to Me and be guided in all things as a child, since you have nothing more beautiful in the world.

You think you can do great things; but if the Lord does not guide you and hold you by the hand you cannot do anything. He is foolish the man who presumes too much of himself counting on his strength, as is foolish the man who relies on another creature thinking of having comfort and help; since only God can give gladness and joy to hearts and give light to minds, being light and happiness without end.

Never forget what I keep telling you, and remember it above all when tribulation and pain come knocking at your door. Entrust yourself to Him who can really help you and comfort you.

Be persuaded of the necessity of pain and its usefulness. Be persuaded that pain is a heritage common to all creatures of the earth, that no one can refuse.

Take heart and have so much love. You will see that everything will be lighter. Do not complain, because you would lose much of merit and you would make suffer others who also have their crosses.

The Virgin of Sorrows

Imitate my Mother, Our Lady of Sorrows. I would like to resume speaking to you about her, who suffered so much in all her life, but who reached the summit of suffering during my Passion, which she lived in full, even if from a distance sometimes.

After having embraced Me and whispered words of encouragement after the Last Supper, she immersed herself in deep prayer and by the power of God, was present at all what was being inflicted to Me.

She already suffered while we were in the Cenacle being present at the first sacrilegious Communion, that of Judas; and she saw them repeated throughout the centuries by so many others Judas' who would have placed her Jesus alongside living corpses.

She saw in that moment the sacrilegious and bad confessions, the malice and the falsehood of persons who, under the guise of being apostles, would have gone spreading around the world every sort of betrayal and evil.

So much sorrow

But the most acute suffering for my Mother was to have participated in my mortal sadness in the garden. It was so great the bitterness of her heart that she also had to be consoled by an angel, so that she could stand up to so much sorrow.

She felt impacted on her face the spitting and the slapping given to her Son, she felt the beatings of the scourging, and the thorns entered in the head of her Son seemed to have pierced hers. She saw Me placed after Barabbas, she saw Me go through the streets mocked and mistreated: from Caiaphas to Pilate, from Pilate to Herod, and from Herod to Pilate. Then she came and followed Me on the way to Calvary.

She had with her Mary Magdalene and some pious women. At a bend in the road I met up with her, the sweetest and the holiest creature that ever existed on earth. Her sight wounded my Heart but she was of great comfort to Me. She made her way through the soldiers, she came over to Me, hugged and kissed Me: "*Courage, Son, so wants the Father for the salvation of all.*"

"So be it," I told her, while the mission made our Hearts burst.

To tell you in a few words what sea of sufferings my Mother endured and shared with Me during those hours, is impossible: my falls, the weight of the cross, the thorns biting ever deeper into the head, the wounds that dripped blood and transformed my face as to make it frightening.

The insults, the shouting, the blasphemies hurled by a people who had been largely benefited by Me, became before the gaze of my Mother a picture so shameful that only with the help of God she was able to bear.

Arriving on Calvary, she accomplished the work of her co-redemption by being present, she also was crucified even though invisibly, at my crucifixion.

AT THE HEART OF ALL

October 13, 1968

Daughter, do not be worried over the impression and the criticisms that the brochures you have printed might encounter, and which will be distributed in great abundance. I assure you that they will do good to souls, even if in many points they will seem very personal things.

Never forget that in you I see reproduced all the souls who desire to love Me, follow Me and consent to my desires. No one is excluded from having a conversation with Me.

Were you to know, my daughter, how much I desire that all men speak to Me and listen to Me! How I would like to be at the centre of everyone's life, and to be the reason of existence of many of my children, who instead forget Me, and let themselves be attracted by a lot of meaningless nonsense and bad things!

I desire to linger and speak to the hearts of all. I speak to the conscience of men, but my voice is often drowned out by an insensitivity to evil, and by a repugnance to good that horrifies.

I speak by means of persons; but the scepticism and lack of faith puts the souls in doubt, even if through a thousand manifestations, signs and miracles I prove my presence.

I am not listened to ... no one wants to approach Me ... ridicule is feared ... deception is feared, and one lets himself be deceived by the Evil One, to whom is easy to lay snares to dissuade from good, from prayer and faith.

Work, therefore, with love, with alacrity, with perseverance and with confidence. Sow good even if humanly you might gather criticisms, slanders and insults. Do not be troubled: this is precious bread that nourishes souls. Men will reserve for you the daily bread of criticism, precious as well for your spiritual life.

Give therefore, serenely your bread, which I give you, and receive what others give you with my permission, and for all thank the Supreme and Provident God.

THE DUTIES OF ONE'S STATE

October 17, 1968

Daughter, let the fire of my Spirit and the Father's which devours my heart, devour yours as well. Here I am to instruct you on what is dear to you.

Q. - Jesus, what must be our behaviour during the day, in the relationships with our neighbour and sisters of the group?

A. - Here, daughter, I answer you (and what I say to you I say to all):

During the day you have to fulfil the duties of your state which are then that Will of God that you desire to accomplish.

These duties concern God and neighbour, the individual and the family, the Church and society.

Performing the duties of one's state means putting one's self at the service of God and neighbour for his sake, so as to make everyone happy, if not actually since the neighbour many times is hard to please, at least for what depends on you.

Consider, then, that during the day, I myself ask you to perform all those tasks and those matters that are essential to the good direction of the family.

If your children are at home, and you too are (since you are not forced to move away for work or charity), let them feel your presence by that affection that unites you, by interest in their problems and by the collaboration that you give each other in everything.

His kingdom is the family

Your presence in the house makes Me happy because even if the moderns think that the woman, emancipated and freed from ancient utopias, can devote herself to any job outside the home, her kingdom is still the family, where I would like her to be the real queen, even if she is all intent on serving her own family members.

But I add, you are in my service. The first thing a servant does is that of obeying the master. If he wants one thing, the servant can not do another, even if it seems better to him.

That's why I tell you: Ask yourself often during the day if what you are doing or what you will make do is what the Lord wants from you at that moment. If you can answer affirmatively, be happy and do those actions with great love, even if humble, since with them you will be remunerated by the One whom you are serving with love and fidelity.

Insofar as your relationships with others, out of the house, they are a good thing when they serve to elevate your mind, to help those in need, and to cement the good affections that unite you.

Be careful, however, that there is no loss of time, since I will ask you for an account; or an occasion of murmurings and gossip, by which you will end up feeling a very bad taste in your mouth.

Be careful ...

Then there is a habit, inherent in the woman, to communicate all her thoughts and feelings and extraordinary things or not.

Be careful, my daughters, because everyone in their life has their share of the extraordinary which, when disclosed, can become in the eyes of others a bit ridiculous.

Be careful also, because if those things that you tell are not for the spiritual good of others, they can stir up in you, who tell them, self-love, and in those who hear them envy; so it is not good neither for the one, nor for the other.

Imitate my Mother, who could have been able to recount some true marvels; and yet she remained silent and kept everything in her heart.

Remember, my daughters, that humility is the foundation of all perfection. Your greatness is not in the gifts you receive and even in the good that with my help you can accomplish, but in the love that motivates you in the fulfilment of your duties and in the humility that will accompany you in every moment of your life, so as to be able to say with sincerity: *"Lord, we are unprofitable servants, and if You do not help us, unfaithful servants."*

A DREADFUL TIME IN HISTORY

October 17, 1968

(Pope John) My children, I am Pope John, present to pray with you.

The Church is going through the most dreadful time in history. The persecutions made her members suffer, but the Church flourished in the suffering, and were born into eternal life the martyrs with which she was embellished.

Now however, there are betrayals to no end that destroy her internally bringing harm to the faith and the faithful.

Children, pray for the Church and for the Bishops, the Priests and the Pope.

Children of the Church, renew continuously your profession of faith and stand firm in her. Look out against those who denigrate her and hurl anathemas against those who compose her, without making the least effort for her offshoots to extend over all the earth.

Do not let yourselves be deceived by the Evil One, and never forget that the adverse forces will be able to unleash the most menacing waves, but the boat of Peter will always be the salvation for all those who want to be saved.

I bless you, children. Love the Church and the Pope, sacrifice yourselves and pray for her, be faithful, so that in the most difficult moments you may be ready even to give your life to defend her.

(Merciful Jesus) My children, today I want to press you close to my Heart; and how one day I made a sharer of my love my dearly beloved disciple Margaret Mary Alacoque, so now I want to reveal to you all my secrets and make you sharers of my sorrows and desires.

Children, I like your enthusiasm and your desires of perfection. I assure you that if you are docile to my teachings you will grow in wisdom and goodness.

I bless you and I await you always with joy at the Eucharist banquet where, with my whole self, I give myself to you to become one with you, and to act with you so that my Kingdom may be spread over all the earth.

A MISSIONARY SPIRIT

October 18, 1968

Daughter, seriously commit yourself to improve yourself, because the clock is ticking. Life passes quickly and approaches the report. Do not be inferior to those who have preceded you and who now enjoy the reward of their labours, and the efforts made to reach that degree of perfection that I wanted from them.

Stay in my grace and in my Heart, not in a state of lethargy, but as one who, possessing some capital, uses it in business and makes it bear fruit to increase it more and more.

Let your example be an encouragement and attraction to the others that live next to you, and bring into their hearts the joy of doing good.

Man lives by imitation and if you were able to give good example always, you would create around you a host of generous and ardent souls ready to work for the spread of my Kingdom in one's self and in the world.

To be animated by a missionary spirit is a gift of God, a gift that you also need to ask for continuously not only in words, since every day you say "Thy Kingdom come", but also in deed and joining to it the burning desire of the heart.

Being a missionary is a duty imposed on you by faith, by charity and by hope, which is expectation of a sure prize. Faith, a great gift that you freely received, demands your response to it in a more intense study of the truth.

In this deep knowledge follows the joy and freedom that moves the soul to the apostolate, that is, to the propagation of the truths of faith that you are in possession of.

Faith brings you closer to God and makes you discover his talents and his goodness. It brings you closer to love.

As you cannot get close to the fire without feeling the heat, so you cannot get close to God without feeling in your heart ignite a fire of love.

Love makes you do the work on behalf of the brethren, for they are like the wood that feeds the flame and spreads it. Man cannot say he loves God unless he strives in helping the brethren in any way, spiritual or material, and if he does not try to make everyone feel the warmth of his heart that is called love of God.

I have told you many times, the Christian must not and cannot be selfish. In the same measure that he thinks of himself, he desires and works for the good of others, by helping them to grow through the material and spiritual help in the faith and in the love of God.

Always keep these principles in mind, so that, after having trafficked the gifts received and worked for the triumph of my Kingdom, you can enter in, not alone but with many other souls in the celestial abode, where hope is realized and one rejoices in eternal glory .

HOW TO ACQUIRE HUMILITY

October 20, 1968

My daughter, I want to talk to you about the virtue of humility. I know that you desire it and I will teach you how to acquire it.

This virtue is so dear to Me. I practised it throughout my life, and I gave very broad example; whereby I could say: *"Learn from Me for I am meek and humble of heart."*

It is the basic virtue; therefore, I can tell you that without it there does not exist any holiness, and to the extent that you exercise this virtue you grow in every other.

Humility is sincerity, that is to say, it is to recognize to each one his own merits. It is attributing to God all honour, since from Him comes all grace.

Humility is to recognize one's nothingness, one's own misery, and inability to do anything, one's fragility and weakness, whereby it comes to you easy recourse not only to God but to the neighbour, whom you will never despise, but whom you think always superior to you .

Humility does not exalt itself for what it receives, but humbles itself before God, always fearing not being able to respond to his graces. It does not despise the warnings it receives from the neighbour, considering him a spokesman of God.

The truly humble man is not puffed up by the praise he receives, nor does he become evasive, saying he did not deserve them, but he directs them secretly to God; he does not go looking for them and has no regrets if they are lacking.

He does not set himself above

The humble man does not act out of vainglory, he does not seek himself, he does not set himself above others except when he receives from God and men, the position of superiority or exercise of authority.

The humble man does not show off, he always seeks the last place, lest it happens, as is said in the Gospel, that the guest who chose the first place is then sent to the last place.

The humble man is satisfied with everything, he always considers that what is done for him is too much, and feels so much gratitude for every little thing that he receives both from God and neighbour.

The humble man does not despise anyone, he listens to everyone's advice. He always thinks of having to learn from others. He does not persist in his own opinion, he does not want to impose on others his way of thinking. If questioned, he answers sweetly, sincerely, but also charitably.

He does not want to offend anyone, he does not want to hurt the susceptibilities of others; but he does not lie and, when questioned, explains his ideas without arrogance.

The humble man is loved by God. I put him in my Heart, which is his abode; he is desired by men who love his company.

However remember, dear child, that when you shall have practised everything I have told you in this lesson, you will be still far behind in the exercise of humility as I practised it and the Saints who now rejoice with Me.

Remember that being humble means not only not despising anyone but also to love being despised. The conviction that makes you feel so miserable makes you consider it right for others to despise you; for which turning the right cheek to those who strike your left is a simple thing. By this I do not mean to say that the humble man must be insensitive to the suffering that is caused to him, but receives it serenely almost as something due to him.

I want to also remind you that if you desire to be humble, you have to love the humiliations that were my daily bread, and love to ask Me for them, because they are the easiest way to obtain this virtue. Remember well, my daughter, that if you want to climb very high in perfection you cannot be lacking humiliations.

If you place yourself again to the Will of God, you will see that He will not leave you lacking in the extent to which they are necessary for you; if you would like to attain heroism, you can ask for them to the Lord as a precious gift .

I beg you, in everything take for yourself as model my Mother and invoke her often, telling her: *"Most humble Mother, grant me to imitate you, give me humility"*, and she will teach you to practise it up to the highest degree.

My daughter, do not forget that, if all the virtues are beautiful and necessary, that of humility is indispensable to get into Heaven. The door of Paradise is so small that only he who makes himself small can enter.

Never imitate the Pharisee and do not forget that if you were even angels of purity and goodness, but you were proud, you would soon be changed into angels of darkness; because pride, distancing God from men, places them at the disposal of the devil, who makes them his conquest.

AT THE SERVICE OF OTHERS

October 22, 1968

How dear it is to Me, daughter, the behaviour of those who, recognizing their own nothingness, turn to God, and also their neighbour to get help!

No one can be self-sufficient: everyone has something to receive and something to give. Educate your mind to this truth. Make sure to open your heart to God, so that He can give himself completely to you; give yourself generously to your neighbour, giving generously everything you can, and dispose yourself to accept what others give you in the spiritual and moral sense, and sometimes even in a material sense.

This behaviour of mutual help is an exercise of charity but also of that virtue of which I have spoken to you, so dear to my heart, the virtue of humility.

So wanted the Lord to be composed the human family, that no one could have life and maintain it by himself.

Always have in your heart the desire to make everyone happy, both by listening and saying what you know. Make sure always that your word is illuminated and kind, sincere and strong as needed, but always let it be the fruit of reflection, not a discharge of electricity or an outburst of anger.

Consider that your words can build or demolish, do good or evil, raise or break down. Always act in a positive way. Did I not say that you should not quench the dimly burning wick?

Give a hand to all. In everyone's heart there is always something good on which you can take hold. With God's help, you can find it out and help your neighbour to rise.

The important thing is that you do not lose hope, that you do not recall continuously the wrongs received, and that you meet the neighbour with good desires.

Do not forget that, even if you cannot always realize these desires, you will get a reward just the same, provided the inspiration and the end of your actions is God, and that you perform everything in my name, through grace and charity.

TO A CARETAKER OF A TENEMENT

October 23, 1968

My daughter, I want to suggest to you some thoughts that can be useful for the conference of concierges.

Know that this work is important and delicate for which it must be done with delicacy and care. The caretaker of a tenement knows the most intimate secrets of many families which come revealed to her in the handling of documents, and through that way of investigating that enters sometimes to be part of a duty, when this is willed by the landlord who wishes to know in full the curriculum vitae of the tenant families.

The task of caretakers is thus not only that of keeping the stairs clean or receiving the mail, but is also a moral task of great importance which, if done with charity, can bring benefits.

It is proverbial the behaviour of caretakers for gossip and murmuring. Both one and the other are definitely to be removed, and to instead speak of goodness and great charity driven to altruism and to the apostolate.

You know how rumour is ugly and murmuring, which can lead to malicious gossip and slander, very grievous sins, which are difficult to be forgiven even with Confession, because they require a reparation; slander is like stealing: if you do not return it there is no forgiveness.

Transforming a defect into a virtue is a difficult thing, but not impossible to the Lord, who is disposed to help his children provided they cooperate with the will to improve.

I would like for the caretakers of buildings to substitute or at least collaborate with their Guardian Angels and perform towards their tenants those duties so important of enlightening with good suggestions and good words, to guard with the same care with which they do not let in to the apartments those who might annoy or harm. I would like for there to be a sensitivity and particular prudence so that evil were not to enter in the families, just like the Guardian Angels do.

The caretakers could be the spokeswomen of the parish priest, being considerate to communicate all those things that are dear to him, thus carrying out that apostolate which allows the priest to make his own voice heard to his spiritual children. (...)

THE FIRST YEAR OF GRACES

October 24, 1968

My dear daughters who, gathered in this little shrine, you celebrate the anniversary of the first visit made to you by Mother, be blessed.

A year of graces this has really been. With her help you have made progress in piety, in faith and in love, and I enjoy it.

Continue on and keep closer more and more among you and around us, so that you can always walk more and more briskly in the path of virtue and good. I assist you and I help you.

Never forget that your suffering and your prayer serve for the good of souls. I know all souls, as every mother knows her children. You do not see and do not know those who enjoy the benefits of your work; you will see it only in Heaven, and the souls you will have saved will be your crown and your joy.

J. - I thank you for the faith and the love with which you have helped those two old persons. I assure you that through these things I have saved one and I will save the other. Do not leave him, go to him and make him put a kiss on my crucified image and commend him to the Mother of Divine Love.

L. - Courage and forward. It is not health that has value for your eternal life, but faith, which makes you live in the presence of God, in his grace and in his love.

E. - I bless you. Beautify more and more your soul, so that like the Esther of old you can please and ravish the Heart of the Father.

L. - Continue to pray and to have trust. Nothing is lost and your discussions with P. on topics of Heaven can only make you be detached from the earth and bring you closer to Me.

Daughters, I bless you all and I protect you from the dangers to soul and body; never forget it and love Me, for I want nothing more from you than a great love.

THE GOSPEL GATHERING

October 25, 1968

My daughter, I want to give you some simple instruction on how to conduct the Gospel gathering.

I loved the preparation with the recitation of the Holy Rosary, which prepares your soul to that shower of graces which that prayer obtains with the intercession and the favour of my Mother.

The Teacher in fact, is always she who, as the bride of the Holy Spirit, diffuses in the minds and hearts that abundant light which has its seat in her heart, and which is the same Holy Spirit who dwells fully in her.

To this prayer will be followed the reading of a page of the Gospel, that you will hear with great attention. This Gospel passage should be assigned the previous time so that everyone has ways of understanding it, and extracting those objections and those difficulties which he sees fit to expose for the good of his soul and those of others.

Reflecting on my Word is a great gift that must not be squandered. To get into it and take in the meaning also means to treasure it and acquire that perfection which I desire from all and particularly from those who are much closer to Me.

In order to be able to obtain a greater benefit it is necessary however, to not ramble on about a thousand subjects irrelevant and not related to the Gospel passage. Simplicity of heart and the desire to know and love the truth to be able to see it clearly is required.

The Gospel gathering is not the discussion on any topic, albeit important, but the knowledge of my Word to better realize it, since it is for all times and all places. Only with the comparison of one's life with mine and with my teachings, can you be able to see the defective sides of yours and what is good to correct or modify for the glory of God and the salvation of souls.

After going in search of the Truth and having heard other people's opinions on it, the priest who represents Me will draw the conclusion and point out with simple words the Church's thinking on the Gospel passage read.

Never forget to make at the end of this meeting a profession of faith, with the desire for my Word and my teachings to be spread all over the earth.

THE LAMENTS OF JESUS

October 27, 1968

Dear daughter, renew your complete offering to Me and love Me with an intense love: I do not ask you else.

Stay with faith and trust in Me, that I may work in you and enhance to the most your life and your works.

I want to make you to taste how sweet it is to be in my company, and I want to make you understand how much I, the Son of God and your Creator, desire it, not for Me but for you. See Me next to you as the most loving father, the most sincere friend, the most faithful spouse, the most wise Teacher, eager only to help you, to direct you, to give you and to receive your confidence and your affections.

Try to feel Me beside you day and night, immutably and tirelessly. You can betray, abandon, insult, mistreat Me; I will never abandon you, and no matter how serious the insults can be that you give Me, just a word imploring forgiveness, is enough for Me to bestow it with generosity and infinite mercy.

A Spiritual Communion

Fill yourself with Me, often during the day, with a large sigh of love. Let your life become a continuous spiritual communion: you have nothing to lose.

Think how proud men are to know some celebrity. How they boast the honour of having perhaps hosted in the house or shaken hands with a personage who, though having an office or a title, is all the same as others: that is, he will die, leave everything, his body will decompose, he will be judged and perhaps will be the last in my Kingdom even if eternal punishment does not await him.

To see, talk or communicate with a man, albeit clothed with authority or merits or even only with a pink or yellow jersey, men toil, move, suffer, expend, sweat and struggle.

Well then, my daughter, I, the creator of all the worlds, except for a few good (I say a few compared to the vast number of bad), am hated, blasphemed, avoided.

Of Me they are afraid, they challenge Me and they have human respect; they are ashamed to mention Me, to greet Me and love Me. I am trampled upon and mocked, my institutions are combated, my teachings are tampered with. Even those who should be my faithful servants behave as it best pleases them, without consulting Me to know what are my desires.

Repair therefore, with your giving, with your obedience, with your love for so much meanness and wickedness, for so much irrational behaviour.

Remember that to serve God is to reign with Him, it is to possess the world. Not the world of things that pass (even if you can feel yourselves masters), but of the supernatural world of souls, that which time does not destroy because it lasts forever.

My Will

Q. - Lord, my God, my Saviour, my King, here I am at your service completely and forever. Tell me your will, your way, your desires.

A. - My daughter, my Law tells you my Will. It is summed up in the Gospel and in the Commandments of which my Church is the depository. It is a Law based on love and is unchangeable.

The teachings that I keep imparting to you are not new, but they are the Gospel in practice. The commandment of charity towards God and neighbour is the summary of the Commandments which I gave to Moses. And I am going to rattle them off to you, to make their practice easy for you.

Take advantage of these gifts. The simplicity with which are explained to you the most arduous things of theology shows you with what truly fatherly care the Lord is interested in your life; even with your most simple things and which you believe often to solve by yourself.

My daughter, I repeat to you, stay with Me and call Me. Everything will be blessed and sanctified and you will live serene in love.

BLESSING OF THE WAY OF THE CROSS

October 27, 1968

(Padre Pio) My daughter, I bless you and I wish you a holy feast of Christ the King.

Today will come a confrere of mine to bless the Way of the Cross: welcome him with faith and charity. He is one of my dearly beloved, he works in the vineyard of the Lord following the steps of St. Francis and continuing to assist, encourage and help those Prayer Groups that I have longed for and desire to this day.

I will be present in your midst, and I will give my help and those graces that the Lord will allow me to intercede for all present.

The Way of the Cross has always been for me a very dear practice because with my sufferings I was able to understand in part those of Jesus.

My children, love suffering, so important in the spiritual life of Christians and so necessary as is mortification and penance.

The difference that passes between suffering, mortification and penance is this: that suffering in general comes to you from God or is permitted by Him, without you going looking for it, while the others you procure them yourself; therefore, your will enters in them, while for the former reigns only the Will of God.

Accept, therefore, with good cheer what makes you suffer, because from the joy you put in suffering, depends the fruit. Do not be like the ox that suffers under the yoke but without merit.

Love suffering and bless the Lord when He sends it to you, because it is a Heavenly gift.

I bless you, daughter, and with you all the cenacle.

LIKE THE GARDENER

October 29, 1968

My daughter, abandon yourself to my Will and let Me dispose of you and all the things concerning your family as best I think.

I am like the gardener who sprinkles, prunes, strips, transplants, frees plants from bad and harmful insects, turns the ground, fertilizes it, so that the harvest may be plentiful.

I want your whole family to be saved, and I will save it through your prayer and by making your heart ache; but you know that nothing is lost: therefore, accept what I dispose for the good of all, because everything is for the realization of a plan of salvation.

Try to stay close to Me with assiduous and constant prayer for all your children, without exception, and open your heart to a great charity. When the wind lifts you anticipate the storm and close doors and windows after making safe the things that are of value to you.

A strong stormy wind of evil is blowing in the world. Your loved ones are your treasures: gather them in your heart next to Me; even if far away, commend them to Me, offering Me your sighs for them, your actions, the good that you do and which you want to do. I will save them all for you, I promise you. No one must be lost of this family so protected and blessed.

They are not your Merits

Q. - Jesus, I feel so unworthy that it seems to me I am writing lies.

A. - Daughter, it is not your unworthiness and they are not your merits that attract Me towards you, but it is my love that comes in search of all that is to be saved.

If I find a little response to my love in souls, I go crazy for them and I give myself entirely, asking for their collaboration and their help. I become a beggar. I make myself poor, little. I hide myself under various guises and I dare to ask, to ask.

To every little gift that I receive I rejoice and return the gift asking for a tear, a sorrow, a suffering. I even arrive at asking for total immolation out of love. Then the victims identify. I become the soul immolated and she becomes Me. Then the sacrifice is accomplished, the joy is almost perfect in the most intense sorrow.

I go in search of souls willing to give themselves in this way. Alongside them are saved all the family. The light that emanates from their soul enwraps and illuminates all those whom God has put in their way.

Willing Souls

I do not seek the merits, the greatness, the wisdom, I seek generous and willing souls. I seek those who want to give Me all the misery they have, and want to put themselves at my service.

Q. - Lord, and what if I cry when You use me by means of the pain, what happens? do I cancel the saving power ?

A. - Oh, my daughter, how can you think that? Accepting the pain does not mean being insensitive to it. It is the rebellion that reduces its value.

If you cry, and this is allowed, I cry with you. Tears are a gift that I give you to offer up, and which I transmute into crystalline light for eternity.

Wipe the tears of those who weep, let them be directed to Heaven, and if you can, hide yours and save them for Me. I will dry them up for you joining them to mine. We will suffer together in a total reciprocal self-giving.

BE HOLY!

October 29, 1968 (3:30pm)

My children, I am in your midst thirsting for love.

I have so desired this meeting, I have so many things to tell you and there are few who want to listen to Me.

Children, first of all I must give you an invitation and a command: be holy! be my followers. Holiness is not a monopoly of a few, all of you must be holy. The sanctity of your life is the exclusion of sin and the practice of charity. It's all here.

Dear children, love each other with all your heart and love Me with all your heart. It will be easy for you to flee sin and you can call each other saints without fear of exaggeration.

But I want to say another very important thing for all of you. You weep now over your loved ones who have left you for the other life, you sorrow over not seeing them anymore and of not being helped by them.

Well then, I tell you, do not be anxious. Your loved ones are now more than ever with you, they see you, assist you and accompany you, be they rejoicing in Heaven or suffering in Purgatory. They are saints. They are the saints whom you need to invoke particularly in your needs, which they know well, because they have seen them when they were with you. Have recourse to them and do not forget that if you truly loved them, now the best way to express your affection is to reach them through a holy life.

Also know that if they loved you before, now they love you so much more. Their affections are backed up by the power and wisdom of God. Have fixed in the mind the goal to reach: your loved ones in God.

Children, I want to suggest to you another thing that will please you. When some person calls you holy or saint, do not shield yourself saying it is not true, but answer: I want to become so by the grace of God.

Let this really be a sincere resolution which gladdens the thrice-holy God, who is now talking to your heart.

I bless you, my children, and with thoughts of peace and of holiness I leave you beside the Mother of Divine Love and Queen of all the saints, so that she may accomplish with you the divine work of your sanctification.

I ASSIST FROM HEAVEN

October 30, 1968

(Pope John) My daughter, it is so dear to me, the Rosary that you give me to be presented to the Queen of Heaven for the sick. I receive it and I promise you some special assistance and special aids. But I beg you, recommend to all the sick to offer their sufferings and physical pains for the Church, for the Pope

The time is dreadful, dear children, and prayer and suffering must move the Heart of God to have mercy on his Bride, the Church, who is ill in her members.

I assist from Heaven at your meetings and I make them fruitful. I bless your cenacle and the parish priest who, granting you permission to get together, has given to your meetings an ecclesial imprint.

Continue to be good, to love each other and to help one another. I am with you and I bless you.

BE HUMBLE AMONG YOURSELVES

October 31, 1968

Dear daughter, how I like it when you are humble among yourselves asking for forgiveness after the offense. I bless this act of humility and reinforce the affection that unites you.

It costs you to change your mind when you are lacking in charity with your neighbour, but it is so nice to recognize one's errors and detest them. When you lack in kindness or have outbursts of anger or in any way you offend each other, you wound also my Heart, since I am present in your neighbour.

Before then asking forgiveness of Me, even in the Sacrament of Confession, it is necessary for there to be peace among you, for only then will you obtain complete forgiveness.

What is the worth of you going to accuse yourself at the foot of the Confessor for you being impatient, for you having failed in charity, for you getting angry, if you have broken perhaps, with these things, the friendship with persons maybe united by ties of kinship and blood, if you do not try to restore harmony and peace?

I have rightly said: *"If you approach the altar to make your offering and you remember that your brother has something against you, leave the offering, go first to make peace with your brother, and then return to present your offering to God."*

This applies also to make effective the absolution of the priest. What are they worth the words "I pardon you" if you do not know how to pardon? Always be at peace with everyone, this is the essential condition to preparing oneself for the Judgment of God.

My children, you know that death is with you and can deal its blow when you least expect it. Well then, if you want a serene judgment from God, always forgive each other. *"Do not let the sun set on your anger."*

Sometimes renewing friendships with certain people that can be occasions of evil for you can be harmful; so it is best that everyone keeps their freedom and remains in their own home, provided that you do not deny the greeting, a courtesy in case of necessity, and one continues to love those persons though keeping an apparent reserve.

Never forget that you have to act with others as you would have others act with you.

By observing the good rules of upbringing with all, it would be much easier to maintain external harmony, and by observing the Gospel and exercising charity, the harmony as I desire it would be complete.

If for lack of temperament or character, if through difficulties or differences that sometimes arise suddenly and thoughtlessly peace fails, be eager and considerate to restore it.

Do not worry about whether the rupture had been caused by others and not by you, or if the wrong is of others and not yours: the most important thing is that harmony reign among you, which in your turn you can be at peace with God and that you can with peace of mind offer your gift at the altar, confident that it will be accepted and blessed.

FEARING THE DEVIL

November 2, 1968

Q. - My daughter, why did you tear the sheets? It had been suggested by Me what was written.

A. - Lord, forgive me, it did not seem to me to have written your thoughts, but mine. Now, if you want, I will write them again.

Q. - Ignore it, my daughter. Let there remain only this thought. Know that the devil has established his kingdom in the world, as well as Hell, and that he works hard to drag with him the greatest number of souls possible. His cunning, so subtle and clever, sometimes is not understood by the men who feel themselves dragged into the vortex of evil.

Two are the infallible means to resist him: constant, humble and fervent prayer, and recourse to my holy Mother.

Prayer dominates him, terrifies him, disturbs him. He who prays keeps God on his side and can only win. Of course, prayer must be done in God's grace, because if you do not possess his grace you already voluntarily open the door to the Devil, and how can you then drive him off?

Remember, making an alliance with the enemies of God is not something easily repairable: indeed many times it is disastrous. Fear the enemy and arm yourself against him with prayer that is made in God's grace. He will be your strength and your help.

The Queen of the Angels

The other infallible means to defeat the devil is devotion to the Heavenly Mother, the Queen of the Angels, who was the first to crush his head. She was able to do it because she was never stained by sin.

Can you tell Me, why does the devil triumph in this period of history? Because everywhere they try to remove my Mother.

I have given her sovereign powers. The demons fear her greatly, they hate her presence, even in the form of images and do not speak her name, which terrifies them. How it pains me that in the churches my Mother has been dethroned!

Remember that the stories of the Old Testament are the figures of the New. Well then, know that if Solomon welcomed his mother with so much honour, and placed her on his throne and said to her to command he would have granted her every desire, I, who love my Mother and yours with a very special affection, desire only to satisfy her every desire, and to unite you to her in the mighty battle against the Evil One.

Strengthen more and more your devotion to her: invoke her in every need, honour her images, to which I grant such power, because only she will be able to help you in the hard daily struggles.

The mediums

I know you want to have clarifications regarding those persons that you commonly call mediums. Here it is: There are individuals of particular sensitivity and superior natural gifts, whereby they easily pick up the presence of spiritual beings. From them they are like clothed, and take on their personality up to talking with their words and thinking with their minds.

If it comes from God, is permitted or desired by Him, you can consider it a great gift, since God permits or wants only the good of his children. Even with these means, as He makes known to men the existence of spirits, He gives aid in many difficulties through them.

However, when creatures (exceeding the natural laws and of their will), want to put themselves in communication with beings who live in the other world, and have recourse to those means which the Church forbids, regrettable and bad things happen, even if they have the appearance, sometimes, of good things and it seems that by means of these things, commonly called games, you can learn some truths.

It is a risk that Christians must not submit to, because to summon spirits is to put one's self into conflict with the Church, and therefore in relationship with the Evil One.

You know that he is the father of lies and able to mislead you, without you knowing about it, serving you with things that seem innocent and curious games. Know that among these people who love to communicate with the afterlife, there are those who have already given themselves into the hands of Satan by selling their soul to him.

The evil that these people can do is very great, because, as collaborators of intelligent and wicked beings, they know and implement ingenious plans to lead souls to despair and ruin, harming the body. You will be able to recognize these diabolical persons by the fact that they do not like prayer and do not turn to Mary, of whom they too are afraid, like the devil.

My daughter, invite all the souls that you approach to have trust in Divine Providence and a lot, a lot of patience. What is the worth going in search of obscure and unknown things if through them you can lose the light of the soul?

Trust in Me, children, and your life will be more simple and more serene. Accept with joy all those gifts, even extraordinary ones, that God in his goodness wants to give you and abandon yourselves in Him thanking for what He gives you.

But I want to add an explanation and some advice which can be useful to you and also for others. You will find many persons who, being afflicted by some malady, blame others as the primary cause of them. Like I said, there exist in the world diabolical people who having a heart full of hatred, envy and ill-will can only vomit it over those who live next to them, just like the devil does. But remember, everything is permitted by God, because from the suffering and the pain endured is derived a spiritual good.

Therefore, learn to see always and in everything the holy Will of God And if it seems to you to be surrounded by wicked people who want your harm, pray for them, so that their conversion may be of edification and salvation for many.

Children, how many souls were saved and are in high places just for having endured with generosity and peace those tribulations that were or appeared caused to them by the devil and his collaborators! Overcome evil always with good and your merits will double.

I AM A GOD JEALOUS FOR MY CHILDREN

November 3, 1968

Q. - Jesus, that the fire of your love may penetrate into the depths of my heart and devour me.

That your Holy Spirit may invest me and make me one with You. May I will with your will and do everything in You, with You and for You.

Grant, O my Jesus, that all may see in me and love only You, and through me to reach You. Grant that I too may see in every creature; in everyone of them you love, and that all help me to get to You. With you, the Father and in unity with the Holy Spirit grant that I may live of love forever and ever. Amen.

A. - My daughter, drink in large gulps the healthy water that I give you. It quenches your thirst and gives you light, it refreshes you and gives you peace. It is the living water that comes out of my merciful Heart and sprays souls eager to love Me. Receive it deep in your heart and taste it: from its desire depends the abundance.

You want that I instruct you and speak to you continually. Place your thirsty lips next to the wound of my Heart and drink. As a mother gives, with the milk with which she nourishes her child, all of herself and her good qualities are transmitted to him with it, so I will do with you. Draw near to Me and drink.

Do you desire to be humble and good? Draw near to Me and drink the nourishment that I give you. It will bring you goodness and humility.

Do you desire to be fervent, sincere, pious? Draw near to Me, drink my water. It will give you fervour, sincerity, mercy.

Do you want to be holy? Come close to Me and you will learn to practise holiness.

Do you want to love your neighbour as I taught you? Come at the foot of my Cross, collect the last drops of water and blood that come out of my Heart and I will teach you that, giving you all for all, you will be able to accomplish your mission as I accomplished mine.

I ask everything

I have given you everything and I give you everything every time you want it. Make that at every moment of your life, with Me approaching you, you can be so generous as to give Me everything for everyone. Do you keep anything with particular fondness? I ask you for a sacrifice.

I am a God jealous for my children: I ask everything and of the total gift that I receive I give a shower of graces for all.

Where you do not reach in your littleness, I reach with my power as God.

Do you want to benefit and help all your children? Do you regret of not being able to, because you do not have the opportunity to do so or because they do not accept your help, your advice, your word? What does it matter? Give it to Me. I will fill in for you. I speak, I benefit, I knock on every door, I force the will, I move the hearts, better than if I had done it all by you, through that full giving that you made Me.

Have you understood why I told you that I am a jealous God?

I want everything because I use what little you give Me to do great things for the glory of God and the good of humanity.

Do not be a miser then, with Me. Do not be troubled by your littleness. Do everything you can for your God. Go deep in love and sacrifice: leave the rest to Me. Be serene; you will see the power of my name, the marvels of my goodness, greatness, the immensity of my mercy.

When you are uncertain about your way of acting, sad for the results, distressed at not being able and not knowing how to do more, call Me to your help, give yourself completely to Me and let Me do: you will see miracles of providence, and you will be stunned.

THE EXAMPLE OF THE SAINTS

November 4, 1968

Daughter, if you want to come after Me take up your cross and follow Me.

Do not look for consolation from men and do not be anxious to receive gifts and consolations from Me, but seek and love suffering, humiliation, concealment and prayer. These are the things that benefit you for the eternal life.

You see how short life on earth is, and how in the turn of a few years all that the world appreciates disappears: youth, beauty, wealth, honour, success.

Everything goes with the speed of time and disappears like smoke in the wind.

The period of trial passes, and is opened to you, when you least expect it, that of eternity.

Does it not seem foolish to you to worry too much about the things of this present life and not think about those of the future life?

Imitate the example of the Saints, who used to the maximum the time, however brief, of their existence and accumulated, moment by moment, great merits for the eternal life.

Take care to teach the truth, which every day you go into deeper, for those who will have taught to others my truth and my justice will shine like a star in Heaven.

MOTHERS OF THE SOULS OF THE DYING

November 4, 1968

My dear daughters, I was waiting for this meeting to recommend to you a thing of particular interest.

It is not hidden to you what happens in the world, and how many souls suddenly find themselves in the sight of God, who cannot use towards them his infinite Mercy, but infinite Justice.

Daughters, I would like you to take to heart particularly those dying a sudden or tragic death, and for you to become like real mothers for them. Commend them continually to my Mother so that she may first fly to one, then to the other, and with her maternal goodness, she may welcome all under her mantle and be able to save everyone.

I am particularly indulgent towards these creatures, who are so quickly called, and I put in place all my wisdom and power to realize the plan of salvation. I save, many times, even when everything would suggest that they did not have enough time to reflect on the step they are about to take, a step beyond repair and terrible.

A ray of light

But I, to whom everything is present, who sees the past, the present and the possible future, give many times a ray of efficacious light, which is long enough for the mind to conceive a good thought, a good affection.

I foresee also the thoughts and affections that might be raised by my light and their response. Now the light comes through and by means of your prayers, your sacrifice, and especially your love.

That's why I say to you: Be mothers of the souls of the dying of every day. I promise you that at your death an array of souls will come to meet you, and they will be your crown in eternity.

I bless you, daughters, and I thank you.

THE AXE IS AT THE ROOT

November 4, 1968

My daughter, do not fear, it is I: listen to Me well. The hand of God is weighing down on the world that does not want to put an end to its vileness.

What a horror, my daughter! and how many innocent people are paying for sinners! Not always and not all die in grace, but the warning is for everyone. Be prepared, because you know neither the hour nor the day.

I do not say it will rain fire from heaven; the time has not come yet, but the scourges will keep taking place until this perverse and incredulous generation has ended.

The fear of sin

My daughter, I do not say this to scare you, for you know how great my love is for my creatures, whom I guard and lead to salvation through the work of the Church and of the good, but to invite you to prayer, to reparation and to spur you on to inculcate in all the fear of sin and God's punishment.

Fear the Lord, children of the Cross, do not make null my Passion, weep for your sins, change life, and sanctify yourselves.

The axe is at the root, death is beside you. Do not laugh at the words that you hear, and that are a warning full of love. Cling to the Cross that saves you, and to the only anchor of salvation, my Mother.

Do not give yourselves up to crazy and insane joys. Your real life will be Me, if you will listen to Me.

My daughter, you will communicate this message to all. That no one can say he had not been warned.

TO SEEK THE LIGHT

November 9, 1968

Q. - Jesus, why this silence? Have I offended you in anything?

A. - My daughter, do not be alarmed and do not will to scrutinize the behaviour of God. He knows well when to speak and to be silent, when you need light and when not. Do and accept the Will of God, without asking for it to be different from what you might want or suppose.

I know that in this there is the denial of yourself, and sometimes great suffering, but if you persevere in good and love when you think you are in darkness, you show Me your faith and I rejoice to see your desire of Me.

As the mother hides herself sometimes to see the anxiety with which her child seeks her, and they both hug and rejoice when they find each other, so in addition to the faith I too want to make grow hope, patience, humility and love.

Waiting for my return (it is not a return since I am in your heart) I excite the sorrow for sins and thus increase the sanctifying grace that will remain forever if you want it.

Precious periods

The periods of darkness are the most deserving and most precious in the spiritual life. The continued recourse to Me also with the lone invocation: "*Lord, help Me*" and the ardent desire to feel my presence, my voice and to serve Me, is considered by Me as heroism and rewarded as such.

Think of Me always deep in your heart and maintain a normal standard of living, even if your will would like to do differently. After the night comes the day. The night is useful as is the day. How would you be able to see the stars if it was always day?

Let my word be your light. Keep it fixed before the eyes of your mind. It will illuminate you during the night of the spiritual life when you will feel as I have felt, from the top of the Cross, the abandonment of the Father.

Remember there is nothing my Father and yours disposes for his creatures that is not for their good.

If you feel like praying with your mouth and heart, do it. If you prefer to unite yourself to Me only with the mind and heart, do it. In one way or another you honour Me and I give you my help. But never abandon prayer. It will be the lantern that will give light in darkness and lead you towards the sun.

The Saints, before you, were put to the test. They experienced the nausea of the things of God and suffered in the heart infernal pains in the anxiety to possess Him and find Him again. These periods of darkness in the lives of the Saints were the most meritorious.

I warn you of only one very important thing. Let it never happen that the Lord withdraws himself with his light because you have preferred the darkness of sin, or because has entered in you a laziness and spiritual indolence that makes you prefer the comforts to mortification, by following your desires to mine, or worldly and transitory things to those eternal.

If on your part you do not feel guilty for that, be calm. In the contrary case, ask Me for forgiveness and renew your intentions. What I recommend to you is that you never abandon prayer, and give way to distrust. Many do not realize that distrust is a sign of pride and the little knowledge you have of your selves.

If you knew yourselves well, you would not marvel and not be disheartened for having fallen into some fault or defect, but for not having become great sinners.

I do not marvel at your falls, because I know your weakness. But I know that it is not infinite, while my love is. I count on my love for you rather than on yours for Me.

KNOWING WHEN TO BE SILENT

November 10, 1968

My daughter, I want to talk to you about a subject little known and a virtue little used and yet so dear to Me. I will speak to you about knowing when to be silent.

I begin with citing you a phrase inspired by my Holy Spirit: "*He who does not sin with the tongue is a perfect man*", to tell you the total importance of knowing when to speak and to be silent at the right time, and the vigilance that you must have over your mouth.

Speech is a great gift of God if I, who am his Son and God like Him, am called and I am in reality: the Eternal Word of the Father.

To abuse speech is to waste a gift of God. I do not say that you must stay mute as a fish, but that your words must be measured, and that they must come out of your mouth after from your mind and your heart; let them be that is, words thought out and always dictated by a loving heart.

If your words bring confusion, hurt, bite, sow discord, insult or lead to evil, they cannot be either from God or from a healthy mind and heart, but from a sick individual, or worse, from a heart where dwells wickedness, the devil, the sower of discord.

However, I recommend that you be cautious also in uttering casual words, since talking needlessly is already in itself not a good thing, because also for the unnecessary words you will be judged by my Father.

Therefore, do not be afraid of making mistakes if you are moderate in speaking and quicker to listen, since you can reflect on what you say and not speak out of turn. Have as aim, in speaking, the good of the neighbour and the glory of God. Removed these two reasons all other intentions are bad or useless.

Let your speech always be simple and truthful as was mine. Let others express with elevated concepts their thoughts, you be simple.

Was I not perhaps Wisdom incarnate? And yet who better than I was able to speak to the hearts of all, even of children?

You too do likewise. Be concerned about only one thing: that your words bring joy, comfort, peace, that they be of help to raise eyes to Me, that make Me loved, that do good to all.

Be prudent in speech, since many times it can be misinterpreted what you in good faith can relate, and from good things can come an evil.

Have some respect for this gift that you have received, as for a sacred thing. Speak with kindness, without affectation, speak with heart in hand, so great must be your goodness. If possible do not speak about the absent if not for good, and out of necessity, so that there may not arise any grumbling or worse.

Turn often your thoughts to Me even in your speeches to ask yourself how I would behave if I were in your place.

Imitate my Mother who, although being Teacher of the Church, from her birth was so reserved and quiet, so sweet and humble as not to be considered but the poor mother of an ordinary child.

DO NOT EVER STOP

November 11, 1968

My daughter, do not ever slow down and do not stop in the attainment of perfection, since stagnant water putrefies.

Place constant attention on your daily duties and on your defects. Try to do the first with promptness and finesse and launch on the second a bitter battle.

Do not try to do everything at once, but proceed with tenacity and constancy, as he who must oversee something of great importance.

Propose yourself from your first waking what you will do during the day without worrying about unnecessary things, and keeping fixed the goal to be achieved: perfection in God's service.

Every morning thank the Lord who grants you to see the light, and who gives you more time to attain eternity. Turn your thoughts straightaway to those who during the night have left the earth and pray for them.

Perform your actions with order, with precision to avoid having to redo them, and with joy. Do not let work weigh you down, which is a gift from Heaven and be happy to have the strength to do it.

Take aim at your particular defects, and fight them every day in every way.

Be recollected in yourself, since in recollection I will speak to your heart. I beg you do not be morose, since your God loves joy, serenity, He being the essence of happiness.

Spread peace and serenity even if you feel your heart full of tears. Do you remember? On the way to Calvary, I tried to console the women who followed Me crying.

And my Mother did she not do so with Me? Who better than she needed comfort and help? And yet she suppressed her tears and came to console Me.

My daughter, hide your sorrows in my heart and go out to meet those who suffer and expect from you a word of comfort and help. Give all you can with generosity, and feel Me always close at hand, working with you for the glory of the Father.

Offer Me during the day many little sacrifices joining them to mine. One sacrifice of yours offered to Me is like a drop of water that you throw into the ocean. The ocean becomes yours, and I use it for the good of all.

Be generous with everyone and I promise you to never let myself be outdone in generosity, and to always give you a hundredfold.

THE DESIRE FOR REPARATION

November 11, 1968

My daughters, I thank you for having responded to my appeal with generosity and love. I will repay you abundantly, but, I beg you, spread among the people who attend the group, the desire for reparation and love. A few good are enough to repair for many wicked. Be those few whom I go looking for anxiously to present them to my Father, so that He may be moved to pity for the whole world.

Dear daughters, I love you with a very tender love and enclose in my heart, your affections and your desires. I listen to your petitions and I purify you more and more, to make you dearly beloved daughters of my Father.

You do not mind to suffer anything for my love. Help each other, so that in helping each other the cross may be less heavy for you. Do not worry about what can harm your heart and not your soul, because what does not hurt the soul is of no importance.

I help you and I bless you. Continue to pray with Me. There are also many other people who voluntarily have sacrificed sleep to keep company with Me and pray in union with you.

(Padre Pio - 23.45 hours). My daughters, I could and wanted to join you in prayer for the intentions that you have put in your prayers.

Know that during my mortal life every evening from eleven pm to twelve pm I united myself to Jesus agonising and I consoled Him for the agony in the garden of Gethsemane. But Jesus still agonizes, these days, in his Church.

I beg you therefore, to multiply these beautiful hours of prayer, and unite them with those of Jesus and, if you like, also to mine, which I offered in my earthly life and which were so pleasing to the Father.

I bless you.

MANY ARE THIRSTY

November 13, 1968

Q. - I open my heart to You, Jesus, as the flower opens its cup to welcome the dew. I thirst for You, Lord.

A. - My daughter, your thirst for the divine I like. Did I not say to you: "*Blessed are those who hunger and thirst for justice?*"

Many in your world are thirsty: there are those who desire wealth, and long for it up to wasting their lives, ruining their souls and making it their mirage, the centrepiece of their every thought and every activity, the purpose of their life.

There are those who thirst for honours and go looking for them anxiously anywhere; they seek them with the anxiety with which the miser looks for the coins which he makes his god. For this longing they surpass, trample, offend anyone.

There are those who thirst for love and go begging for it from creatures, so little capable of loving with a true love.

Almost all men are thirsty for love, but seek it for themselves, for their own good, for their enjoyment, for selfish reasons or for idolatry.

All these ways of being thirsty, you understand it, is incorrect. But he who thirsts for Me sees things from another angle. Everything that he owns or that is given to him, he uses as a step to climb to God.

Thirsting for God

Those who really love Me and have a thirst for Me, lack nothing, because they live from day to day, they trust Providence in whose hands they abandon themselves.

The most coveted honour for my true lover is to be able to suffer every day something for Me, reckoning himself unworthy to be similar to his Redeemer, who on the Cross has sacrificed his entire self with the most ignominious death.

The real thirsty for Me know no other love than mine.

I fill his heart with joy, I give him everything, I fill him with myself, being infinite, I widen his heart to embrace in his thirst for love, all the creatures of the universe.

He would like to reach everyone and each one with the ardour of his charity. He enjoys and praises God in sorrow and in joy. A flower, a star, a ray of sunshine exalts and elevates him up to Me. He uses everything for good. Every event good or bad, beautiful or ugly, he always entrusts it to Me.

He is beside each one to speak words of comfort and hope, to speak about Me and to entrust each and every one to Me, as he entrusts to Me his loved ones and his most important concerns.

I love those who are thirsting in this way: thirsting for justice, for good, for true charity, and I pour into their hearts my water healthy and refreshing.

I give grace and all that it brings with itself. What is grace if not your God living in you? Often tell Me in your prayers, when you're out and when you wake up in the night: "*Lord, give me your grace, that I may quench my thirst.*" I promise you that I will hear your pleas and I will fill you with myself, that you may no longer thirst for ever.

THE VIRTUES THAT JESUS DESIRES

November 14, 1968

Q. - Jesus, tell me what you like in a soul?

A. - My daughter, I like to see in a soul my image impressed. I like to see her adorned with every virtue, the most beautiful: purity, charity, simplicity, generosity, prudence, goodness, justice and humility.

I like to see her loaded with merits, which she has been accumulating with so much good will and through which she will have an eternal glory. I like to see this soul resigned to my Will, a lover of suffering, forgetful of self, doing her utmost for others. I like to see her trusting in God, heedless of earthly things.

I would like for every soul to be the reproduction of myself or of my Mother, and I would like to see her headed towards Heaven, which will be her homeland where she will receive an infinite reward of glory.

I know that this is difficult to practice. I know all the defects of men and all the weakness. I know that man is inclined to evil for the lust of the senses. I know that the devil tempts him flattering him in every way and that he falls.

I know that man is more inclined to material things than to the heavenly. I know that alone he cannot lift himself up an inch off the ground, and I see him, a miserable and ungrateful sinner, trampling on my gifts, rejecting my teachings, deluding himself of being able to do everything himself, seeking his own glory and not mine, becoming discouraged in the midst of difficulties, turning to creatures forgetting his God and many, many other miseries that make him wallow in the mire.

Well then, I, the Son of God, look at this man with tenderness and with compassion, with hope and with trust. I have only the desire to purify him and lift him up again.

I would like to cover him with my merits, wash him in my Blood, forgive him every sin, embrace him with love, lift him up again after every fall and lead him to glory everlasting.

All this I desire and I can do it. Just an act of his will is enough for Me, the desire to be rehabilitated and go along with Me. It is enough for Me that this soul recognizes her nothingness, her wickedness, her extreme misery and turn to Me like the shipwrecked person about to drown, like the beggar who wants to be helped, like the willing person who puts himself at my service, so that I, the Supreme Master, the Infinite Perfection, the Eternal Wisdom, may immediately throw myself on that soul to make her mine again. Then I make her the object of my tenderness and my delight, I shape her like soft wax, I make her similar to Me

Sometimes I hold her in my arms, I press her to my heart, I make her a gift of my cross and manifest to her my secrets. If she abandons herself to Me like a child, I am for her father and mother.

If she wants to be instructed by Me, I am the Teacher, if she loves Me with tenderness and generosity, I am her God and her all, her reward and her infinite glory.

Resume writing, my daughter.

Even if I, Infinite Perfection, love perfection in my children, what attracts Me to them is not perfection, but their misery.

I go in search of the sinner with the desire with which the woman who has lost the coin goes in search of it, poking into every corner of the house. I have come to the earth for sinners and I love them.

All Heaven collaborates with Me and with Me celebrates the return to the family home of every prodigal son.

All are sinners and each of your returns to Me in the Sacrament of Confession, if it is sincere, gives Me the same immense joy given by the prodigal son to the father.

Whoever helps Me, and sacrifices himself with Me for the return of the stray children, takes part in a divine work of redemption and enjoys some of my joy. Have you not experienced it too this joy, when you saw people far from God, who by your word and my grace have returned to my Heart?

Pray, my daughter, for sinners. It is the duty of every Christian, for every child. Do not ever forget to help Me to make fruitful my Passion for so many souls that cost Me my Blood.

The souls I save them; but, I beg you, be you also a docile instrument in my hands for the salvation of many.

BE APOSTLES

November 16, 1968

My daughter, I want to talk to you about the great beauty of the apostolate.

It is the noblest work that a soul can accomplish after that of her sanctification, indeed it is so united to it that one cannot exist without the other, so I say to you: *"If you want to be a saint you must be an apostle, if you want to be an apostle you have to be a saint."*

Holiness and apostolate are inseparable. You must not however mistake one for the other, since the fact of being an apostle does not lead to holiness as a consequence even if it is an indispensable quality.

Now I want to explain to you what is the apostolate. It is the propagation of the faith through love, a divine fire infused by the Holy Spirit in the soul. The apostolate presupposes a lively faith and an ardent charity.

There exist apostles without faith: but then, their work, what will it bring? No one can give what he does not have. My teachings are based on the mysteries of faith; if one does not believe he will not be able to convince others to believe.

In the study of my doctrine everything is clear for those who, accepting it with simplicity, take in the lessons as far as reason can. In fact, even the mysteries are not contrary to reason, though they exceed it.

The claim to penetrate the mysteries of God is absurd, when even only in human nature there exist such laws that have the appearance of mystery.

Whoever wants to follow my teachings accepts things as they are, and with sincerity of heart believes them and spreads them.

I told you to be apostles you have to be saints; there can be no real and effective apostolate without a constant effort to strive for holiness.

There is no holiness without union with God, He who is thrice Holy. For this union to subsist, it is necessary to respond to God's call and let oneself be attracted to Him as iron lets itself be attracted by the magnet.

The more the apostle goes towards God, the more his action becomes powerful and enthusing. The water that flows towards the sea has the power to overwhelm everything in its path. Thus the soul that turns to God, an infinite sea of good, of goodness and love, has the strength to drag towards the supreme good all the souls whom she approaches in her life.

The pull of God is always infinite, but the bigger the response, the greater the abandonment in Him and the more men will experience the influence of the actions, the thoughts, the love of the apostle.

That is the reason for so many failures in modern youth, even among my ministers. They carry out an apostolate made of their own actions; but it is a building on sand what does not have its basis in God, the author and inspirer of all good.

Do you want a true portrait of an apostle? Here it is: he is a man who loves the Lord, who strives to respond to his grace, imitating Him more and more. Abandoning himself in the arms of God, he performs towards the brethren all those duties which charity imposes on him, so that attracted by it, they may turn to God, love Him and serve Him.

THE WILL OF GOD

November 19, 1968

Daughter, I desire to go back on a subject of which I have spoken, and which has great importance in the spiritual life of whoever wants to attain holiness, that is, perfection. I intend to talk to you about the Will of God.

First of all you must know that, if you exist, it was by God's Will. You existed in the mind of Him from all eternity, and you started your earthly life the day when your parents, consciously or unconsciously adhering to his will, collaborated to give you life.

Therefore, you are on this earth by the will of God. He has destined for you a mission to accomplish. It is unmistakable with that of any other person, since everyone has a job to carry out different from the other.

Everyone has to fulfil his mission in order to be able to be effective in doing good, and to realize for his part the plan of Salvation, the purpose of Creation and the Redemption.

I have repeatedly said that the Lord wants your happiness. It is his will that all men be happy even on this earth. With that I do not mean to tell you that they will be free from pain.

They would have been exempted, if your first parents had not sinned; for this sorrow has entered to become part of life.

But happiness even in suffering and in sorrow is not an absurdity; not just St. Paul has noted it, but you also many times. Anyone can verify it, even humanly, since it is true that he who loves rejoices in being able to sacrifice himself for the person loved.

Now I assure you that by adhering to the Will of God you will be happy, because physical or moral suffering will be a joy for you, knowing that with it concurs your salvation and that of many, and you give glory to God by showing to Him with it your love.

Here's how you can explain to yourself that persons crucified in a bed for many years, sometimes marked with the signs of my Passion, visibly or even invisibly, immersed in a mortal suffering, are capable of consoling those who turn to them to solve their little problems of life.

They have adhered to the Will of God, they have found with that an endless happiness in a sea of pain. Holiness is all in this: doing the Will of God.

If God the Father wants to leave you on Tabor like my Apostles, you agree to be so. If He wants you in Gethsemane, next to Me, thank Him.

If I want to open your eyes, like the disciples of Emmaus, only after I'm gone, be happy and if I walk alongside you and you notice my light, be happy. If I deign to call you to follow Me on the way to Calvary, come: my Mother will be your companion.

The best thing for you is that you look upwards, that you see the peak to be reached and that you do not ever feel alone. I am beside you and I point out the way to you: abandon yourself to my Will and let yourself be guided.

Remember though that letting yourself be led, letting yourself be guided does not mean resting on your laurels, but to trade the gifts received and to put yourself entirely at my service: body and soul, with the desire to please Me in everything.

Do not forget that if you have come into this world it was not by chance, but by an act of love of my Will. Your adhesion to it must be a response of love.

HUMBLE LIKE CHILDREN

November 19, 1968

My children, I am the Merciful Jesus, present in the midst of you. I have come to prepare you for the feast of my Mother.

I am pleased that you wish to offer to her, who is worthy, some beautiful lilies, some beautiful flowers represented by your children. But I tell you that you are all my children and you all have to make the same offering, for before God age does not count. Have I not said to you that you all must be like children, if you want to enter the Kingdom of the heavens?

Therefore, offer yourselves with great love to my Mother, so that with her help you may become worthy to be offered to Me.

Be simple and humble like children. These are the virtues that capture my Heart. Be trustful and good as they are, who know how to forgive and love.

Dear children, this world, made of dirt, dirties what is most beautiful in it: innocence. Purity, grace, are becoming things of the past. Mothers have lost these beautiful qualities and they do not know how to instil love in their creatures, who are first of all mine.

I love your prayer for the preservation of the innocent from evil and sin. Let, oh, let the little children come to Me! I will teach them to love their mothers and nothing will be lost.

Mothers, bring your little children to Me in your churches. Do not be afraid of disturbing the adults, who are troubled by many other things. Bring them so that their voice may suppress those of the scandals, of the evil that happens in the world.

Children, I am pleased with you. I see the good will that motivates you. Do not be so easily disheartened when things do not go as you would like. Do everything you can and let Me do the rest; nothing is lost in what you do. Neither the words, nor the deeds, nor the desires are lost; but everything is counted and blessed what is done with the right intention.

I bless and love everyone with infinite love. I bless those nuns who participated at this gathering and whom my Child Mother keeps under her protection, and I assure you that through this meeting the whole community will benefit.

I'll be waiting for you, with a renewed desire for good, on Thursday to receive from my Mother advice and help.

November 22, 1968

Q. - Jesus, how sad it is when You do not talk to me.

A. - My daughter, when you put into practice all my teachings it will be mean nothing to you whether I talk to you or not, but it will be your desire to do only the will of my Father and mine. When you are in the abundance of gifts, be prepared for scarcity.

THERE WILL BE FALSE PROPHETS

November 22, 1968

Q. - Jesus, do You want to talk to me?

A. - Yes, my daughter, I want to put you on your guard and others against the diabolical work that some Catholics, even in good faith, are doing against the Church and Pope Paul the VI.

You have been told that the day will come when it will be said, "*Christ is here or there, and that there will be false prophets.*" Well then, this is the fulfilment of my word. It is not now the wolf that attacks the lambs but they are the same lambs leaving the Shepherd to whom I have entrusted them, and they give themselves into the hands of ravenous wolves.

Remember, daughter, how the devil is the father of lies, and that he uses every means to corrupt souls and ruin the Church. The battle waged by him, in this period of world history, is not engaged against the wicked, whom he now safely holds in his hands, but against the good.

Now I will tell you how everyone can be protected. The devil is hardly recognizable, because he knows so well how to disguise himself as to hide in the form of zeal, of apostolic works and of good his falsehoods.

But you will be able to unmask and combat him if you keep in humility and with a burning desire not only to be united to the Church founded by Me, and to the Pope chosen and willed by the Holy Spirit, who directed and enlightened his election, but ready to accept any humiliation and cross to the supreme sacrifice rather than betray obedience, respect and love that to the Pope is due.

Remember well, my daughter, that the Word of God is timeless, that God never fails in his promises, and that my Church, even if continuously combated, remains invincible as the rock against which the waves go to break.

Daughter, how much desolation, how much pain and what mental aberrations in this world blind and deaf to the voice of God!

Pray and do pray continually for the Pope and for my Church, for the tempted and the erring, for those who, being seduced, become seducers and for those that the lure of career and honours seduces.

Never be surprised if others fall, but humble yourself more and more before God and stay firmly on the barque of Peter, because with him there am I. Continually renew the acts of faith so that this virtue that comes from God may increase in yourself and in others, but which is preserved with practice, and multiplies with the growing desire for it.

Defend your faith and keep it intact, so as it comes to you from the Pope, now Paul VI, who by Me is illuminated and supported. Truth is the light and makes its way in the darkness. He does not seek the darkness he who loves the truth, it comes from God and coincides with Him

Unmask, when you get the chance, the lie that sows destruction in souls, schisms and heresies in the Church. Combat error without fear of compromising yourself.

One thing I recommend to you: entrust yourself to the Holy Spirit to enlighten your mind and in your life cultivate with special veneration sincerity. Never say what you do not think corresponds to truth, for any reason.

Be vigilant about yourself so that my teachings are practised, and make sure that those who frequent your home stay and remain in the truth. Guard the gift you have received in baptism, and of which your mother has given you a very good example, which your husband has preserved intact and propagated with generosity and love.

I told you that your home will be a refuge; and now I repeat to you: let it be a cenacle where, with mutual charity, faith is spread after having deepened and loved it.

My daughters, I am so grateful to you for having recited prayers for the Church and the Pope. I bless your prayers and multiply them so that there may arise that new dawn that will bring a renewal of faith and divine gifts for the faithful and for the world.

Do not be afraid to exaggerate in this; the needs are pressing and the faith is not extinguished if you pray and sacrifice yourselves. Faith is the most precious gift that I have given you; do not waste it and entreat the Lord that He preserves it for you for your good and for everyone's.

JESUS, THE SON OF GOD

November 23, 1968

Daughter, turn to Me well in all your needs and ask Me with faith and trust all that you desire.

Do not forget that I am the Son of God, wholly equal to the Father and the Holy Spirit. Remember that the angels bow down in my presence and, prostrated to the ground, worship Me. Remember that the demons tremble at the mention of my name alone.

Through Me were created the sky, the earth and the sea, and the depths proclaim my power and my glory.

I beg you therefore, to turn to Me with that respect and with that devotion that lets you stay in the presence of not only your Father, but also of your Creator and Lord.

I am Man, identical to my creatures, except in sin; but if for a moment alone I were to show you my greatness as the Son of God, you would die because you would not endure such splendour.

The immensity of my love for men, to whom I revealed my Heart, and given my friendship and my paternal tenderness, has given to them so much intimacy and freedom as to blend Me even, as a refrain, in their words, to curse Me in the thousand things of life, in the evils which they themselves have done with their wickedness and their iniquities.

Every day millions of people hurl with offensive insults my Name towards Heaven, as if to challenge the greatness of God, his strength, his power and his justice.

Repair, my daughter, even these offenses with acts of love and with words of praise. Remember though that not less than the blasphemies offends Me the behaviour of the good, who speak to Me without respect, as if I were a toy with which they have to play, or a person they can turn to ask for the most trivial things.

Remember, daughter, these words of mine. Set your heart to prayer. Every time that you want to linger with Me, make beforehand a little act of sorrow for the sins that you have committed. Be recollected in yourself and be mindful of what you say to Me or tell Me, just as you would do if I were to introduce you to a very important person, whom you know loves you, who has compassion on your misery, who wants to help you, but who is at the same time much superior to you.

Let all this be an encouragement for you to open your heart and make you dare to ask for great things, useful to the whole world, things of infinite value that will last eternally. Ask also for those daily spiritual helps that preserve you from sin, those material gifts that are essential to survival, that I have taught you to ask in the "Our Father"; everything and always with trust and humility, with discretion and love, with faith and with respect, as befits turning to God.

Teach this respect to all, so that prayer does not become an insult or a game, and so that in recollection and in reflection, in the attitude of the person, the mind and the heart, all aimed towards God, He can speak to you and express his desires.

INNOCENCE AND PENANCE

November 24, 1968

Write, my daughter: Two are the roads that lead to Heaven, that of innocence and that of penance.

Innocence is in itself the simplest and the most beautiful. On this road walk many children and those who imitate them in spiritual childhood, made of simplicity, of abandonment and trust.

Only with an extraordinary help from God is it possible to preserve innocence, which captivates my Heart, makes it the object of my tenderness and care more than maternal, and forms my delight.

I turn to the innocent my gaze full of goodness, and I use every means to preserve them from evil. If they respond to my graces there then flourishes at the same time the most simple and greatest holiness.

For them, the struggle against evil is constant; however, by their vigilance on themselves, by their humility, which makes them small in the eyes of men and theirs, I preserve them from the great occasions of sinning. They are like those little flowers of the field, which in their simplicity honour God and praise Him, and to which no one gives much value, because they do not have the appearance of the beautiful flowers in the gardens.

I love the innocent who never tarnished their heart with a mortal sin; they have sprinkled their life with good and love, and they made of their lives an offering for everyone. Even if you do not often meet them on the street, these souls are light that illuminate the path of many.

Their word speaks of sweetness and goodness, since God, who dwells in them, gives their person a divine imprint. Their smile is a message of love, their tears are of understanding and affection, because the sorrows of others become theirs. Their words do not sound harsh rebuke but gentle admonition, as the voice of God that speaks to the heart without forcing, without barging in.

They pass by these innocent souls in life, and the world calls them insignificant. Nobody is aware of their greatness and the good they do to humanity; they pay for sinners without the knowledge of these. Remember that the innocent are able to pay for the sinners: one of them pays for a thousand of them.

They reach Heaven loaded with merits, since their whole life has been a continuous meriting for eternal life. But I said to you: few walk down this road.

The most common one is the way of penance. God did not abandon man after his sin, but always lifts him up, helps him, comforts him and forgives him. Just one look to Heaven and an invocation, suffices for the return salvation.

Poor souls of mine, weighed down by sin and by the passions, souls who go in search of happiness where you cannot find it, souls who formed the delight of God and the Angels, degraded by sin, lift yourselves up again!

Come, my children, bought with my Blood, come! Learn from Me, who having loaded myself with your sins I had to do your penance. Come and I will teach you how you must and can purify your souls in love and sacrifice in order to regain the lost splendour.

Come, my children: I made myself one of you to bring you back to the Father! I will put on you the bridal dress, the one of Grace, so that you can participate in the eternal banquet of glory. Lay down your mourning, look at the light that comes from above, weep for your sins!

I will forget your days spent far away from Me. I will embrace you and not abandon you. Take up your cross and follow Me! For those who have sinned there is no other way to be saved than penance. Let your penance be the daily cross and the renunciation of all that is evil.

They are few the days that you live here below ... And how can you expect to live in entertainment and sins, while of this brief stay in earthly life you will be judged and perhaps condemned?

My children, rouse yourselves! "*Let the hills be lowered and the valleys filled,*" my Precursor said to you, and in the practice of charity and penance get ready for my coming. I will come on the clouds of heaven, and my chosen ones will carry a cross. The innocent on the heart, the penitents on their shoulders. The cross will be your salvation.

Souls, listen to Me. Weep tears of sorrow for your sins, weep tears of blood in your hearts, by submitting your bodies to the sacrifices that your duty imposes on you, as the time of mercy soon passes and then comes that of justice.

Remove from your hearts all malice, fill them with love. Love conquers hate.

Love is the source of good. Hate makes you collaborators of Satan. Love God, and all love one another and in mutual love practise the penance that will save you.

IN PREPARATION FOR CHRISTMAS

November 24, 1968

My daughters, I have come to give you a greeting and to invite you to prepare yourselves well for the Solemnity of Christmas.

The period of preparation has began and I invite you to spend it doing good. Rekindle faith, hope and especially charity. Let the exercise of this beautiful virtue be your preparation.

Practise charity by visiting the sick, comforting those who suffer, helping those in need and above all praying for sinners, and making sacrifices for them.

Children, I bless you all and I charge you to bring my blessing to your groups and your families.

I am Padre Pio, your spiritual father, and I guide and assist from Heaven all those who are commended to me.

Never fear that God's help might fail you.

MOTHER OF THE CHURCH

November 25, 1968

Q. - Jesus, do You want to speak to me?

A. - Yes, my daughter, write: You often have recourse to Mary in your meetings, invoking her as Mother of the Church.

I desire that to the Litanies be added the invocation "Mother of the Church, pray for us." Then I will tell you what you need to do.

Today more than ever the diligent and continuous work of the Mother is indispensable. Only those who turn to her with faith and love will not deviate from the right path.

Unfortunately, many believe that they keep united my Mystical Body without recourse to her who gave it life, with the Holy Spirit, and who continuously makes it fruitful. But as a tree cannot live without the nourishment and the sap that runs throughout its length, so the tree of the Church cannot survive in its members if the soul is missing, who is the Holy Spirit, who vivifies her and without the nourishment that comes from this Heavenly Mother who is Mary.

Children, pray for the Church and interpose in your incessant supplications recourse to Mary, the Mother and Teacher.

THE HOLY SPIRIT

November 26, 1968

My children, I am in your midst to fill you with love. Thank you, that you have wanted Me in your midst as a symbol, and you want to honour Me in this way.

I am the Spirit of the Father and of the Son, I am the Holy Spirit, the soul of the Church and the life of your souls. It is my task to spread love and make the Church and souls fruitful through my divine Spouse, Mary.

I love the Church, I enlighten and protect her. Unfortunately the times are dreadful and only with assiduous prayer can you drive away the Evil One, who is sowing disorder among her members. Therefore, I beseech you, pray with Mary, my beloved Spouse, so that her prayer may validate yours.

You too are my Church, and, in these small gatherings and cenacles, I renew the action made the first time in the Upper Room, which represented the nascent Church. I warm hearts, enlighten minds, giving the ability to understand the things of God, the truths of faith, and the nullity of earthly things.

Children, invoke Me often so that your life may be always fruitful with good and of good works, and so that you may truly resemble in everything the Lord Jesus, whom Mary, my Spouse, conceived through Me.

Let my love, with which I want to fill your hearts, be valid to make you prepare for the coming of the Child Jesus on Christmas Day. I want that this Christmas that you will celebrate with great joy to be the most beautiful of your life, because prepared with the fervour and the desire to respond to the graces of God and his Will.

Let my blessing descend upon you like a fruitful shower of grace. You will leave this house eager for good, the apostolate and love; though in the cross, happy to bring joy and comfort to all those whom you will encounter on your way.

My children, love one another and love God, for He is love and only those who love possess life.

HOW TO BE UNITED TO GOD

November 28, 1968

Daughter, I want to stay with you in a very special way. I want to tell you how you can unite yourself to Me during the day and make the most of your life.

You can unite yourself to Me sacramentally by receiving Me in the Eucharist, where I become your food and I become one with you. I am united to you through grace that elevates you up to Me, so as to make you a friend and adopted daughter of God.

If you knew the value of grace, you would be willing to give your life rather than lose it.

Grace transforms you into Me by letting my life flow in you. To be able to value its importance and its greatness you should fully know God, but this is impossible for the human mind.

Know however, that grace allows Me to act in you, to transform the value of your actions making them divine and worthy of an eternal reward.

When a soul is in grace, I see my image reflected in her. Her requests are for Me a command; and her desires are mine and I with great pleasure grant them, provided they be for her true good.

If a soul entrusts herself completely to my will by living in the grace of God, she realizes her happiness also living on this earth, for the joy of being united to Me does not let her see the weight of the cross, in which she indeed finds the way to express to God her gratitude and her love.

Sorrow is one of the ways with which I join you to Me, who was the Man of Sorrows. If you welcome it as a gift and offer it to Me and love it, you no longer feel the weight of the cross and you rejoice in it.

Try to think in front of one of the many adversities of life: *"The Lord who loves me infinitely sent it to me, and wants from me in this moment a witness of love by bearing it."* You will see that this thought, by joining you to Me in the certainty that what happens to you redounds to your good (since the Lord knows how to derive good even from evil), it will be a comfort and joy to you.

United to Me in sorrow, your life works and completes my Redemption in favour of humanity, which cannot be redeemed otherwise. Therefore, accept sorrow in whatever form it appears. Remember that it is one of the means to unite yourself with Me. Look at it serenely.

I assure you that if you do this, there will come a day that you will feel honoured to have my own cross on your shoulders, and you will ask Me to be able to be nailed with Me on the same and you will find supreme happiness in it.

NOVENA OF THE IMMACULATE

November 28, 1968

My daughter, tomorrow will begin the Novena of my Mother, celebrated under the title of the Immaculate, the most dear to her heart; and I want to suggest to you how to prepare yourself well for this solemnity, which is so dear to my heart also.

On the first day you will do a good general cleaning with a good confession, that restores your baptismal innocence with that splendour inherent to it that captivates the Heart of God. And you will take so much care to avoid staining your soul even with a perceived venial sin.

On the second day you will unite yourself to the angels and the saints of Heaven, that they may help you to adorn your soul with those virtues which, like fragrant flowers, you desire to cultivate in order to make your soul richer in grace.

On the third day you will unite yourself to the Souls in Purgatory most devoted to my Mother, so that on the day of her feast they can be released and conducted to Heaven to celebrate her.

On the fourth day you shall offer to my Mother a bouquet of roses collected in the exercise of charity of which the rose is a symbol.

On the fifth day you will pray for children and the young; you will go in spirit throughout the world and consecrate to my Mother the innocent scattered over the face of the earth, as bundles of white lilies.

On the sixth day you will go in spirit in search of the lost sheep and pray for the conversion of sinners. You will invite all the Angels to approach the wandering souls and guide them next to their heavenly Mother.

On the seventh day you will thank the Most Holy Trinity for having created a creature so beautiful, so great, so good and so holy as Mary.

On the eighth day get busy so that my Mother may be known and loved by all of your loved ones and your acquaintances.

On the ninth day spend it in holy recollection and prepare yourself to receive abundant graces from the Queen of Heaven.

You will say this:

"Immaculate Virgin, Mother of God and our Mother, we pray for ourselves, for our family, for the whole world."

JESUS SPEAKS OF SAINT JOSEPH

November 20, 1968

Daughter, often have recourse to the intercession of my foster father St. Joseph, to whom I have entrusted wide powers.

He accomplished his mission on earth, a mission so delicate and important, in the most perfect way, in silence and in humble submission to my Father and yours.

With great courtesy and with human and supernatural love he lived alongside Mary his spouse, behaving towards her as an angel in flesh and blood, like the most affectionate and devoted brother.

The sufferings and hardships to which he had to undergo by God's command, wounded more than all his heart. He respected her and loved her as the Mother of God, he used to bow before her asking for her blessing.

He understood the greatness of Mary, since the Lord, after the terrible doubt that wounded his heart, in sending him the angel to comfort and enlighten him not only showed him the innocence of his beloved daughter, but he allowed that Joseph understood the part in the greatness to which she was elevated with the divine motherhood.

The virtue in my Mother that commanded in him so much veneration and so much respect, was her immaculateness, that was apparent from the looks, the words, the gestures and from the angelic behaviour of his beloved bride.

Now, I have spoken to you of Joseph the Just, my protector and guardian, because having lived so close to Mary, having copied her virtues and really having loved her with all his heart, he is able to prepare you for any solemnity that the Church celebrates in her honour.

Therefore, often turn your thought to him and invite him to take care of you. He will be happy to carry out for you this delicate task and also my Mother will be happy, who loved her most chaste spouse with such a tender and caring affection.

Interpose him beside her in your needs and in those of others who commend themselves to your prayers, especially for the seriously ill, who will be assisted by him; if they do not obtain healing, they will have so much peace and their passage will be serene between his and our arms.

Never forget this powerful Saint, who is Patron of the Universal Church, which in the present moment, so embattled by the Enemy, finds in him a strong defender.

Do not forget that He is the terror of demons and that the invocation of his name saves from dangers and misfortunes.

Blessed are those families where he is honoured and where the children are given his name! He favours them and protects them, making gifts of providence and giving a very special goodness.

He is like the ancient Joseph, the secretary of the king and his substitute: in Heaven He is the viceroy who commands on the Heart of God and that of his Spouse.

None of those who are truly devoted to him are lost, since he assists them, helps them in all their needs and guides them safely to the harbor of salvation.

BAPTISMAL INNOCENCE

December 1, 1968

Q. - My Jesus, how is it possible to regain Baptismal innocence?

A. - I answer you, daughter. You have to know first of all that baptismal innocence puts you in a state of marvellous purity, since not only does it free you from sin but also from the penalty of sins, whereby the soul that possesses it appears before God as when He created it in the first man and as when He gave back to it the primitive beauty in Holy Baptism.

The beauty of the soul just emerged from the baptismal font far exceeds all the wonders of creation, since it reflects the beauty of God of whom it is the immortal breath.

Sin defiles this divine splendour by staining the soul. The divine likeness that was mirrored in it is ruined. The divine life that circulated in it is like interrupted.

If men could see what ruin sin produces in them, I can assure you that no one would want to commit it. Well then, God in his great goodness and mercy, though knowing the malice of man and his great pride, desires to give back to souls their ancient splendour, to unite them back to Himself by giving new life to the souls dead through sin.

He desires for every confession to bring back man to primitive purity and innocence, and to be destroyed, with the guilt, even the penalty for the evil done.

I told you yesterday that to prepare yourself for the feast of the Immaculate Mother you will need to make a good confession. This is the common means that I have put at the disposition of all to erase sins.

Remember though that not all return from the confessional forgiven. The lack of faith and trust and lack of intention mean that the confession becomes null and often sinful.

Allow Me, therefore, to insist on what is important to Me. I desire for the confessions to be well made. This is in your interest, since of this immense gift you will have to give account to God.

Try always to approach the confessional with that lively faith that lets you see in my minister I myself, who welcomes you as the father welcomed his prodigal son, always ready to forgive.

Do not be afraid of losing the esteem of the priest telling your weaknesses, as he too is a weak man like you, and he too is forced to weep for his sins.

He is the means: I give the pardon. Come then with confidence to lay down in my heart your defects, above all come to receive my embrace full of love and mercy.

But I would like that every day you be able to recapture what you lose daily. I invite you, therefore, every evening, after a brief examination of conscience, to renew yourself in beauty with an act of love and perfect sorrow.

You might ask Me how can such love and sorrow be. I explain to you.

You say you love Me? Well then, your love is perfect if you love Me selflessly, if you love Me above not only of all things, but also of yourself; if your love is such that, in order to prove it to Me, you are willing to do my will by accepting any cross that I could place on you.

Remember that, so that your love may be complete, you must be at peace with everyone, even with those who have hurt you and hurt you very badly.

For this reason you must always let remembrance for your enemies in your prayers: so that they may be converted and so that you can tell Me you love Me. On this basis of love, also the sorrow becomes more pure and deep.

If you truly love God, how can it not displease you having offended Him? I repeat to you what I have said to you in other lessons: Love Me and you will transform everything. Even defects and sins become a means for ascending.

Do you believe that Peter and the Magdalene would have become so great in Heaven, if they had not committed those serious sins they committed? It was the thought of their sins together with love that gave them wings.

Therefore, always let sorrow for your sins be the consequence of a love without measure.

THE VIRGINITY OF MARY

December 2, 1968

Know, my daughter, that one of the worst insults you can do to Me and my Mother is that of questioning her virginity. Now more than ever is spread this heresy that grieves us both.

Know, then, that Mary was enriched right from her conception with the merits of my life, passion and death, and therefore was preserved from original sin, which brings with it the inclination to evil, to the lust of the senses and all evil with the deprivation of grace.

Mary was exempted from all this out of the divine goodness, to be prepared as a worthy dwelling place of mine, and with Me, of all the blessed Trinity. He who had created the world with all its wonders, could well have created the wonder of wonders, and such was the resplendent soul and full of grace, of the most beautiful creature that has ever existed.

The work of the Trinity was aimed at transforming her heart into a true Tabernacle and dwelling place of God. She, responded with her will to the work of the Lord, minute by minute, letting herself be shaped like soft wax, and so allowing the Lord to build stone upon stone the marvellous cathedral of her sanctification.

At the age of three years, with full knowledge of what she wanted and was leaving, she made a vow of virginity, consecrating herself entirely to God, even if in her heart from the first moment of her existence she had already given herself completely to Him.

The Devil, to whom was hidden her predestination to be the Mother of God, hated her greatly for her marvellous inner beauty and vainly tempted her, for it was like the breaking of the waves against an imposing castle located on the shore of the sea.

When, having reached the age of marriage, a husband was chosen for her, she wept bitterly in the fear of having to renounce the promise made to God, and was calmed down by the angel Gabriel with the words that you know and repeat often in the prayer of the Angelus.

So the angel said to her: *"Hail, full of grace, the Lord is with you. Behold, you will conceive and give birth to a Son. He will be called Immanuel, which means God with us."*

To the predicament of Mary, who asked how this would come to pass, as she did not know man, the angel added: *"The power of God will cover you, and He who will be born from you will be holy, the Son of the Most High."*

So it was that I took residence in the womb of the Virgin Mother, who remained such before, during and after having given birth to Me, since what was accomplished in her came about through the work of God himself.

As the sun shines on the crystal and its rays pierce it without breaking it, so it came about for my Mother, enveloped by the rays of the divine Sun, that took nothing away from her, in fact they gave her the greatest splendour that no creature ever possessed.

Nothing is impossible for God; and if to Me, risen from death, it was possible to enter into the Cenacle behind closed doors, no difficulty could prevent Me from taking residence in the womb of my Mother, leaving intact her virginal body.

Know that she was the residence of the King, created by Him, adorned and preserved intact. After Me in her womb had to take their place all the children of the Church, my brethren, who from this Divine Mother had to have the spiritual life and the nourishment to grow up to the age in which she herself, with the sufferings of the Passion to which she participated as co-Redemptrix, could and can still give them birth to eternal life.

After her an endless array of souls have given and give themselves entirely to God, consecrating to Him their body, their soul with all its faculties. Placing themselves at his service they acquire that spiritual maternity that will be so glorified in Heaven.

Pray, my daughter, for the consecrated women, that they may appreciate the value of this gift that they make to God, and may never fail on their promises and their donation.

May the Holy Spirit renew the spiritual life in these creatures, making it fruitful with that motherhood which frees from human bonds and gives to the Church and to Heaven new children.

EXAMINATION OF CONSCIENCE

December 2, 1968

Daughter, run through briefly the various stages of the day and examine yourself on the duties towards God, towards the neighbour and towards yourself.

Ask Me for forgiveness with all your heart for those indelicacies that you have had towards your God in many things, which, if in appearance seemed small, however, are always serious, if you keep in mind the person offended and the love I bear to you.

My love is boundless, it never fails, but does not remain indifferent to the rudeness of its children.

Promise that with my help you will try to be more careful, more vigilant about yourself, sweeter, more compliant with your neighbour and more united to Me in all, more generous.

Do like so every evening. I bless you, my daughter, and I remain with you.

THE IMMACULATE

December 3, 1968

My children, I am the Merciful Jesus present among you with the abundance of my love and my graces. There is present at your meeting my foster father, whom I desire to address you a word and his teachings.

I thank you for the fervour you have put in the preparation for the feast of my Mother. It is the great feast for earth and for Heaven.

Celebrating the Immaculate is to celebrate the greatness of God and annihilating the power of the Evil One, whose head she has crushed. I wait for you, with my Mother, for that day of recollection, that will prepare you to receive her graces and her gifts.

Never forget that we are near to you in every need of yours and that the abundance of our help is proportioned to the greatness of your faith.

I bless you, dear children, and I give you my love.

(St. Joseph) Brethren and beloved children, I am grateful to you for the enthusiasm with which you welcomed the message that Jesus has given you on my account.

I assure you of my special and continuous assistance. Remember me to your children, whom I particularly love, because I see in them my Jesus

I will teach you to love Mary, my sweet spouse, who represented so well in my life what the Church now represents to me: I protect the Church and instruct through her through Mary. I enter into souls and bring them to Mary. I save souls through Mary.

I beg you, children, preserve and increase this affection that you nourish for her, from whom you will have every good. One thing I highly recommend you: make sure you resemble her through purity of life, and through humility. I will help you, fear not.

Now I ask you a favour. Do you want to bring into this place, on the occasion of my feast, many men? I will teach them many things and you will all be happy.

I bless you, my children, and I renew my thanks to you.

GOD IN THE BRETHREN

Daughter, accept my words attentively. Turn often your thought to God who loves you and who is present wherever you are.

Remember Him in order to love Him, since He desires and commands you to do so, and also because the thought of his presence helps you to flee from sin and to grow in the virtues that He demands you possess.

Thank Him often for having given you life, and ask Him pardon for your shortcomings. Ask Him everything that is good for you and for others: by this I mean that you ask what is useful for you to attain eternal life.

Seek to satisfy his will, which is that of making you happy for all eternity, and also in this life through inner peace, which He gives to those who out of love do their duty.

Here is brief summary of what should be your daily behaviour; you will be a good example to others, so as to draw you to the good. Respect in yourself and in others the presence of your God, a real presence and a right even in those who reject Him living in mortal sin.

For this reason you must be prompt to compassion, forgiveness and love, since what you do for the neighbour you do to God, present in him.

If you consider then that, being part of the Church, you are a part of my Mystical Body, and every action that you do in favour or against your neighbour is related directly to Me, how many times should I tell my faithful: "*Do not tear my Body.*" As wild dogs some pounce, indeed most of my brethren, on my Body and rend it without realizing the evil of their doings.

They harm their neighbour by word, by deeds, by thought, in reputation, in honour, in the right to live and to be respected and helped!

Charity is a duty

My children, when will you understand that the precept of charity is not optional but obligatory, which includes not only the love of God but also of the neighbour? Your right to live must not prevent others from living! The law is equal for all, freedom is the same for everyone and the law includes duties and rights that all must observe.

The law of love embraces the universe, but the first part of the universe for you is the family. It is there first of all that you must practise love.

Do you love Me? Well give Me immediately and daily proof of your love. Love your family of which you are mother and widow, head and responsible.

Love it because you have the right and duty to love it and it has the right and duty to be loved. Respect the liberty of its members, opinions, personality. Advise them all and encourage them to good.

In the love, the respect and the compassion, in the mutual help and the sacrifice of all for each and each for all is the real joy.

I cannot hide from you, daughter, the great wounds of Christian families and the great wounds of the human family, because everyone seeks only and always all for himself.

There is another wound that equally grieves Me, that of not being able to forgive. Everyone thinks he's perfect. If one makes a mistake, he thinks he has a right to be pitied and justified, but does not consider to do the same with others.

And yet it is a cornerstone of Christianity this: whoever does not forgive is not forgiven.

God does not accept the offering of those who say they love Him, but do not love Him because they do not forgive their fellow man his faults.

Be merciful, dear children, and always forgive everyone, because the same abundant measure that you have used will be used by the Heavenly Father on you.

In preparation for the retreat day

"Lord, what do you want me to do?", asked blinded Saul on the Damascus road . *"Go into the city, present yourself to Ananias, and he will tell you what you must do."*

Ask Me too the same. Lord, what do you want from me? and I will answer you and point out to you what I desire.

Today, as to Saul, to all those who, gathered in my name, are eager to spend a day in prayer and recollection to prepare for the feast of my Mother, I will say: *"Present yourselves to my minister, if you want light, and in the Sacrament of Confession he will give it to you."*

In the word that I shall inspire in him he will give you the appropriate teachings to lead a holy life. You must not be content to be good, you have to be saints, to a goodness pushed to heroism, to immolation, to altruism, to complete dedication to God and neighbour.

Of course you cannot achieve holiness in a day, but this day must mark the point of departure for a better life, to the conquest of a greater good.

Forward and courage, I am with you, who am the living source of all holiness, and will be with you my Mother and Queen of All Saints.

Meeting of the young ladies

My daughter, I wanted to give you proof of our presence, in you and in the congregation.

I have some special designs on all and each one of those present. Let it be known to them and invite them to place themselves in my Mothers hands, ready to obey her everything. I will realize through her admirable designs of love.

You will gather other times the young girls here present.

To them will be joined others and will be for them a great flowering of good. Do not fall short on your promises and be faithful. For my part I will be faithful to you, since loyalty is proper to God, who never falls short on his word.

Exercise charity in all its little forms and in the simplest form. I bless it and multiply it.

HE WHO SLANDERS KILLS

December 10, 1968

Q. - Lord, here I am at your service. Instruct me, I beg You!

A. - Daughter, I want to put you on your guard about a danger that can undermine the peace and the harmony of the beautiful spiritual family, that I have desired and which I still desire.

It should be a little oasis of peace in the battles and tribulations of life. Everyone who comes here to pray with you and with others, should feel their heart full of faith, joy and love.

Here in fact, my word in a simple and clear manner is distributed and made to be felt like a scented and nourishing bread so that it becomes the food of your souls. Here the good and mutual example, encouraged by the words of my Mother, is an urging to continue on the path of good.

I see you and I hear you everywhere, when you are in the cenacle and when you are out. I listen to your words, the talk and many times I have to grieve for the gossiping, the criticisms, the grumblings and sometimes also the slanders that my children are disseminating. The lack of charity grieves Me much, my daughters!

He who disseminates slanders and all those bad weeds of which I have spoken to you, brings discord and stains his soul. Destroying the harmony, he makes himself guilty of shortcomings that are listed under a single divine Commandment: *"Thou shalt not kill."*

My children, when will you understand that it is unjust of you to criticize and judge your peers in their intentions, thoughts and in deeds, while these things only God can do?

I will tell you now: the reason of your evil judgments and your grumbling is that malice with which the Evil One is amused and you can call with the name of envy.

Remember it well, children, that this defect grieves Me right in the depths of my heart. Do not forget that it is one of the deadly vices, it is a real source of evil from which derive many other evils.

Every one of you has received from Me the abundance of divine gifts which the Lord has distributed with justice and wisdom. Assigning to each one his mission He gave each one the necessary skills to be able to accomplish it.

The envious man suffers of the gifts of others. It is true that many times it does not go back to God, who has favoured those persons that he envies; but in his rage he suffers from the good of others as a personal ill. He gnaws his soul, until the mouth succeeds in spitting out the poison that has filled his heart.

The envious man suffers and makes others suffer, since his malicious judgments, his unkindly words, having made his heart bleed, are hurled against others destroying the moral life so dear to all.

My children, be very wary, cautious, strict with yourselves.

Be good to all, I beg you!

Let the Lord distribute his goods as He sees fit and do not envy anyone. Envy opens the door to the Evil One and makes you his collaborators.

A consequence of envy is hate. Well then, know that he who hates is not in love, he is not in God.

Father of hate is Satan and the envious become his followers, children of the Devil.

Be very wary therefore, of this defect which I will judge very sternly on the last day. Examine in depth your souls, think about the motive of your words and your assessments, that it may not be envy that directs you.

How I would like for your hearts to be filled with charity and love! A charity that strives to make everyone happy, and a love that is manifested in that courtesy, gentleness and kindness, which renders families like mine of Nazareth, where I am well and where all have to learn, one from the other.

IN PREPARATION FOR CHRISTMAS

December 12, 1968

Q. - Jesus, I would like to prepare myself well for your coming in holy Christmas: what must I do?

A. - Daughter, if you want to do a proper preparation for the feast of my Birth, you must turn to my Mother. No one better than she will know how to dispose your heart for my spiritual birth in you, since no one better than she was prepared to welcome Me in her womb, to give Me to the world.

Invoke therefore, with the assistance of the Holy Spirit, her maternal work so that, made fruitful with good through love, you can adorn yourself with those virtues that made Mary the best of mothers. You will say this:

"Holy Spirit, Spirit of faith. You who by diffusing yourself in the heart of Mary, your Spouse, made her capable of giving to the world the Son of God made man, work in us again this miracle, investing us with the flames of love of which You are the source. Transform us in You, so that, by augmenting our spiritual life, You can make be born and grow in us blessed Jesus, so that we can bring Him to the world.

Most Holy Mary, our tender Mother, receive the prayer that we make to you. You know our faults, our inability and our misery.

What we do not know how to do, you do it. We will be docile to your work and let ourselves be guided and shaped, so that your Son, who will be born in us, may not be a deformed Christ, but perfect, as you were able to give Him birth, for the glory of the Father and the good of humanity."

I AM THE LIGHT AND THE LIFE

December 16, 1968

My daughters, your prayer is so pleasing to Me and it is also pleasing to the Heart of my Mother.

I love you and my only desire is to be able to manifest my love to you and to receive yours.

I am the Sun that illuminates the world, I am the Light that dispels the darkness, I am the Life that fights death. He who loves Me is happy, since the Sun, the Light, the Life comes into him.

Continue then, to love Me and be united in love to her who drew from the Heart of the Holy Spirit the devouring fire that made her all and always of God. Join your prayers to hers, which are all-powerful over the Heart of God and enhance the value of your whole life.

Forget, when you are here at my feet, all the ugliness of this world and you will live moments of Paradise. This pause will be a balm that will help you to fight against evil and take the path of good.

On Thursday the young girls will come. They are my delight, my hope. My daughters, offer Me some sacrifice for them. The youth, who matter to Me, are drifting away from Me. They do not understand the joys of purity and the strength and power of sacrifice.

My daughters, help the young! If they are good, they are the future generation that saves the world. Pray for them and never abandon them, even if you cannot impose your will and you have to respect their personality.

Your opinions must not overwhelm them; you can be close to them with affection, confidence and strength that comes to you from experience.

I wait for them and bless them as of now. I bless you, daughters, and I am with you.

TO DESIRE JESUS

December 17, 1968

My daughter, you prepare to celebrate Christmas, and I am happy to see the fervour and love that motivates you.

But I would like to remind you that every day I renew on the altar my mystical birth, and for those who desire it I also renew it in their hearts. I am born in the heart of all those who want to receive Me in Holy Communion.

Let Me therefore, invite you to desire this birth as a feast of hearts, as a loving encounter of my heart with yours. The greater the desire to receive Me and the more abundant will be the fruits of grace.

How much do cold hearts sadden Me, who receive Me with the indifference and coldness with which one receives a piece of any bread. I would prefer the welcome of the ox and the donkey, if nothing else they gave off, even without their knowledge, the heat so useful to a little baby just born, which was Me.

My daughter, how much nausea they give Me the communions of so many Christians, even if they are not sacrilegious. *"My delight is to be with the sons of men,"* I told you. In fact I would have been able to prefer the company of the angels; but in saying this I was thinking of man composed of soul and body. In the midst of men, but in hearts longing for Me, for my life, for my grace, for my love.

I want to remind you how also in human life, when food makes you sick, because the appetite is lacking, it is a bad sign, it is a sign of disease. Whoever has health, the strength to work, to move, to act, in order to be healthy must also have the appetite that, desiring food, makes it beneficial to strengthen the body. The lack of appetite, if it is not a disease in itself, may be an effect and can bring it as a result.

In the spiritual realm it is the same thing. I act and bring abundant fruits of good in those who call upon Me with the anxiety with which the thirsty seek the water from the spring or the sick look for the doctor. If you have a desire for Me, all the rest comes by itself.

Your mind turns often to our encounter and the preparation is not limited to those few moments that precede the Communion, but it is a whole life centred on it. Then your Mass heard in the morning is the completion of the sacrifice offered throughout the day in union with Me, and the Communion is its consummation.

Make therefore, I beg you, of this spiritual or sacramental encounter the hub of your day: you will see how much joy and what perfection I will bring you.

You will give Me little things, such as those of the shepherds, and I will give you my whole self, through the hands of Mary, to the delight of your heart.

Q. - Jesus, I ask your forgiveness for the many cold Communion, made out of habit and without love.

A. - Yes, my daughter and for these Communion badly made offer Me reparation. Compensate with a renewed fervour for so much coldness. A fervent person consoles Me for a thousand indifferent.

TRUE LOVE

December 19, 1968

Daughter, accept with humility and joy every adversity and humiliation, because everything that happens to you is for your highest good.

Bless the Lord for everything and do not worry about what might happen to you tomorrow.

You cannot know with certainty what will happen to you tomorrow: therefore, it is useless to get worked up. Try to abandon yourself moment by moment to my will; only thus you enhance your life and you will become holy.

Life is strewn with thorns and thistles; there are few joys and even these have a depth of bitterness. The only sweetness of life am I, your God, provided you look for Me, invoke Me and find Me, and in finding Me, love Me with all your heart.

Whoever loves rejoices also in sorrow. He who loves God transforms into gold every pebble and enriches the eternal coffers with immense value.

Whoever loves possesses and gives life, since love is its source. Always ask God for an increase of love.

Let the worldly think to increase their wealth and their possessions; you instead, by destroying every dross of evil, bring everywhere good.

When you feel your heart cold, love with the will and with the desire. Even with this love I take into account as if you were burning truly with love.

May all feel the influence of your ability to love, so that all may believe in Love.

The world is so full of selfishness that it cannot and does not want to believe that there are people capable of forgetting themselves to think of others; but you give them an example. A shining example that they remain blinded and forced to believe that one can and one must love.

The world understands love in another sense. In saying to the neighbour: "*I want your good*" it seems to be saying: "*I want you for my own good.*" So everyone seeks in the good of others their own. It is a confusion between true love and selfishness that has nothing to do with pure love.

A perfect example of love you have in your God, who wants and seeks only the good of his creatures, to whom He gave his life through love, through love He preserves it and waits for them all in the Kingdom in which love forms the eternal happiness.

Spreading my Kingdom in this life means spreading love. To attain and enjoy it forever.

TO A NUN

December 19, 1968

Sr. M., truly my beloved, be blessed! If you knew how great is my love for you, you would never be disturbed by so many little things!

Well then, I ask you only one thing: Love Me! I am the beggar of love. You have given yourself to Me from childhood and I took you into my service and I put you in my Heart.

Stay always with Me

Let me hear the beating of your heart next to mine. They are so few people who really love Me, that when I meet a loving soul I make her my delight.

My daughter and spouse, continue to make your life a holocaust of love to God for humanity, for your sisters, for the consecrated souls spread throughout the world, for those priests, my beloved children who, tempted by the devil and attracted by the world, betray Me. They work for the triumph of Satan in themselves and in others ...

My daughter, love and suffer but above all also for them, for great is the loss that they inflict on Me and infinitely great the punishment that awaits them.

I love all and I want all saved, but woe to my chosen who, betraying their vocation, bring others to ruin!

I bless you, my daughter, and with you all your community.

SIMPLICITY

December 21, 1968

My daughter, here in front of my image of a Baby, which stands before the altar, I want to recommend to you strongly the virtue of simplicity, so dear to my Heart. It will be through it that you will lift yourself up again after every fall, and without loss of serenity and peace, you will continue to love Me, ascending in the way of perfection.

When the painter paints his canvas and is aware of having made mistakes, he does not put down the paintbrush beginning to cry, but fully regretting the mistake, with doubled attention and love, he corrects and repairs. If he were to put down, discouraged, the paintbrush not to take it up again, the masterpiece would remain unfinished, and the painter would not achieve fame and glory.

You are the artist who with the help of myself and the whole celestial court are working your soul to reach that perfection that I desire from you.

The work of perfectionment is what I do myself, but you have to be docile in letting your hand be guided. So I told you to be as simple as a little girl, who cannot write and who keeps confidently her hand in her father's hand. She just needs to make the effort to tighten the pencil between her fingers.

How I am gladdened by complete trust in Me, believing in my love! Believe Me, my daughter, the greatest offense that can be done to Me is not to believe in my love. Everything comes from love. If you believe in my love for men and especially for you, you believe and obtain everything.

What is the value of faith if you do not believe in Love?

What is the value of hope if you do not think that one day you will reach the Love?

What is the value of a whole life without Love?

Believe constantly in Love, my daughter, when it seems you are very good and when you are not, when you realize the futility of your efforts and your inability, of the fickleness of your thoughts and desires and your little virtue.

Believe in Love, who knows you to perfection and wants to help you in everything and always, as long as you have the desire to purify yourself, and to love Me again and with more gratitude and with more intensity than before.

My daughter, when you have reached this degree of simplicity you will not even grieve over your sins, but you will be so ready to come to Me to throw your arms around my neck like good

children who, after having committed some mischief, run to accuse themselves to the mother covering her with kisses and caresses.

Remember well, my daughter, that Love made Me a Child.

So it must be for you too.

Love must make you simple, little, humble, trusting only in my own merits, in my goodness, in my forgiveness.

GIVING OF ONE'S SELF

December 23, 1968

My daughter, here I am to instruct you. I accompany you wherever you go, I am close to you with the care of the best of fathers and with the affection of a mother watching over you.

If you abandon yourself completely to Me, I act, I think, I speak in you. Then everything takes on a divine value and a very high perfection. That's why I invite you to renew often your total giving to Me and to invite Me to stand in for you.

You already live in Me, as the fish lives in the water in which it is immersed, but I enjoy being invited by my children to stand in for them in all.

My will is your highest good, it is your perfection and your happiness. You just have to stick to it to reach the highest peaks.

I put in your heart desires of goodness and charity. If you go along with Me and accomplish what I keep suggesting to you, you repeat in your life what I was doing in the streets of Palestine. You go about doing good.

Even of my Mother one could have and one can say this. She went about doing good.

She did not work sensational miracles but miracles of goodness and love. Wherever there was a tear to be dried, a comfort to give, a help to give, she was there and sowed peace and joy. Many times she spoke to Me of her friends, the suffering and presented them to Me as soon as she had the chance so that I would work a miracle for them.

Everything was done with great humility and simplicity, so that all in her became a common and natural thing.

Behave yourself also like so. Imitate my Mother so that also of you it can be said: "*She went about doing good*", and let your life be a blessing for everyone.

MOTHER OF DIVINE LOVE

December 23, 1968

Q. - Jesus do You want to explain to me, please, the meaning of the invocation "Mother of Divine Love"?

A. - Yes, my daughter! You have to know that Love is God himself who, divided into three divine Persons, has always existed.

You cannot have very clear ideas because so much the existence of God, as He is the only true Love, as well as being distinct but not divided in three Persons, are higher truths to your mind.

They are mysteries of which I can give you a simple explanation but not thorough as to be exhaustive, because your mind will never be able to reach the perfect knowledge of the mysteries of God.

Know therefore that God is the supreme, immense and infinite Goodness and the supreme and infinite good. He is good in himself, and this supreme Goodness He desires to pour it out in its superabundance over all creation.

God knows himself perfectly and knowing himself He loves himself. From this eternal act perfect and infinite which the Father makes, as a consequence comes a Person equally eternal, loving and infinite who is called Son, in all identical to the Father.

They are, they exist and they love each other with a love so perfect, intense and infinite that, knowing each other from all eternity, they give rise to a third Person in all identical to the Father and to the Son, who is called the Holy Spirit and who proceeds from them.

There is none among these Persons who is older or more deserving since everything is done by the three Persons at the same time. It happened, however, in your time that the second divine Person took on human nature, that is to say He became Man.

To accomplish this incarnation, to which the Father adhered and the Holy Spirit collaborated, was chosen a creature, the most beautiful and the most holy that ever came from the hands of God.

Therefore the Son of God took up residence in her womb and took a body and a soul, like every child who is born and takes the body and blood from his mother. So I, from the Virgin Mary took flesh and blood, and from God the soul as every man who comes into this world.

Without human involvement, but by the work of God the Holy Spirit, I was conceived in Mary's womb and by her given birth. God, divine and eternal Love, took possession of her and from her had the natural and human life, without however making any change in Himself.

Mary gave birth to a Son in whom there are two natures, the human and the divine, but only one Person, that of the Son of God.

That is why you can say of my Mother that she is the Mother of God, and since God is the Eternal Love you can call her the Mother of Divine Love.

You can, however, add another reason to call her so and it is this. The love of God, which has its seat in hearts and which is the gift of the Holy Spirit, lived in a superior manner and mystery in the heart of my Mother.

Well then, by invoking her with this sweet title, you ask her to communicate to you a spark of that pure, holy and divine love with which her heart is filled.

Ask, therefore, often to her for this gift and recite the invocation particularly effective especially in this Christmas season: *"Mother of Divine Love, fill our hearts with love for your Jesus."*

She will be happy to accomplish for you this beautiful work.

FOR GOD'S MINISTERS

December 26, 1968

My daughter, I want to give you a message of particular importance. You will distribute it among my ministers so that everyone can examine himself and see what has to be removed or added as I desire it.

Know first of all that the priestly vocation comes from God and is a very great gift that God gives to his creatures choosing them as his representatives on earth.

Every vocation being a call, supposes a response. But the vocation to the priesthood, being a call with a bias towards a special love, supposes a response of love in a very special relation and commitment.

My chosen one must represent Me, stand in for and must act as a link between men and God

Consecrated par excellence

The priest, you say, is another Christ. He is a consecrated man par excellence in the soul with its faculties, the body with its senses, in the heart with its affections. To be consecrated to the service of God means no longer being masters of one's self, but to seek only the glory, the will, the interests of Him; it means putting one's self at the service of God in everything, renouncing one's self and everything that is humanly desirable. God asks for himself the honour and glory.

The priests, as every day they affirm by raising the bread made Christ, must for Him, with Him and in Him seek the honour of God forever.

See, then, how being attached to material interests may become a thing not only negligible but sinful; even the pleasures of the senses are to be excluded completely.

I have desired so much for my priest to be free from any family commitment so that no ties of flesh and blood might unite them to men, but true love, that is a ray of God himself.

Free from the worries that bind the man to the woman in marriage, priests make the human family their family, that of the People of God. For their brethren (as I already did from the top of the cross, and as I do in every moment, although in an unbloody manner in the Holy Mass), every priest must be ready to give his life in order to pull them back from eternal ruin.

Chastity and obedience

The salvation of souls must be the purpose of their life, the ideal of their vocation. Their action, however, is not individual but rather must be done in union with Me and in obedience to the Church.

Poor priests who, attracted by modern theories and philosophical thoughts in contrast with those of the doctors of the Church, believe that they can act on their own head, and disobeying the authorities immediately above them, or those that oversee a portion of the flock as successors of the apostles, or the highest authority established by God himself, think they can guide souls along new pastures that are not those of salvation and sanctity!

My poor priests who, while teaching obedience, do not practise it, arguing orders; they rebel against the established authorities and make of their vocation a mess, despising and not practising that vow of obedience that is a guarantee not only of discipline and order, but also of holiness.

Mortification is a universal law, I have told you so, and I said it for everyone: *"Unless you do penance you shall all perish in the same way."*

If it is necessary for every faithful, this law that makes one's self strong and against the devil, the more reason it is for my priests, whom the Devil targets and who have to face endless dangers in the exercise of their ministry.

The priestly vocation and Holy Orders do not immunize from evil, even if they are means to gain grace in superior quantities. Mortification is indispensable in the life of the priest, if he wants to maintain himself to a level of dignity and holiness which is required by his position.

Mortification and faith

The priest is the salt of the earth and the light of the peoples. In him through mortification all has to be moderated so as to inspire veneration and respect.

If it is necessary for the priest to be all to all in order to gain all to Me, however, he must not forget his high dignity which puts him on the candle stand, not because he feels superior to his brethren, but because God himself, calling him to be his minister, has raised him above the people and has given him an honour and a burden that he has to show with dignity, without embarrassment and without degrading himself.

The priest must be a man of faith, and this must appear in particular in the celebration of the divine mysteries. How much they grieve Me those priests who do not take into account the scandal they give to the brethren in the hasty and utterly dismissive way of celebrating Holy Mass, which should prick with love and sorrow the hearts of all; it seems that they bother with nothing else except to hurry up!

It is true that I look at the heart, but also in the calm reading of the texts one gives proof of attention and faith, and stimulates the faithful to celebrate together, to rise and to take part with more love to what the Church does in the name of those present and around the world.

The spirit of faith to the priest will also give trust in God whom he will invoke continuously so that He may realize, through him, the plan of salvation for which he put on the priestly robe.

What to say about certain priests who get disheartened before the smallest difficulties and lose their peace and hope? Really they prove themselves to be worse than the disciples of Emmaus who, demoralized, three days away from my death, went about thinking that truly everything they had seen and heard during the three years of my preaching was all humbug.

Let it not happen for my priests to think all unreal what in seminaries they have been saying to them, but let them feel close to themselves their God ready to encourage them and to help them.

A little collaboration is enough and the spirit of faith makes it effective. Collaborate with Me, Jesus the Saviour and Teacher, to make your work effective.

To love everyone

What can I say, to my ministers, about the charity with which their hearts must be filled? "*Caritas Christi urget nos*" said the apostle of the Gentiles, and every priest ought to repeat this phrase and feel in their hearts the devouring flame that consumes within him the dross of the bad affections, and blazes a fire of love that embraces the whole world.

You need to love, to love everyone in the Lord!

And if there is a category that can take precedence: they are the afflicted, the poor, the sick in body and soul.

To love everyone with the heart of God, to help them by prayer, by word, by action and giving something of yourself.

That a priest comforts a poor man telling to have patience is good thing when we know that he also is poor, who does not have a luxurious house, who is sober in eating, who gives the superfluous to those who need it, who does not speculate and does not desire great benefices and big gains.

The word of my ministers will be effective only if it is a sincere display of a holiness lived. How many sermons are empty of meaning and fruit because not felt and lived. Every sermon should be the echo of a Christian practice fully expressed. Perhaps few words would be enough to change minds and transform parishes.

And among all the beautiful virtues that in priests should tower, this is the most beautiful, the one that renders best of all my likeness: "*Learn from Me for I am meek and humble of heart.*"

Courageous humility

Humility, which is not shyness or fear of making a bad impression, that is not hiding oneself to avoid criticism or slander or insult, is that beautiful virtue that is arrayed with simplicity even on the side of the poor man and knows how to tell the truth in his defence, even if perhaps as a consequence might come ridicule and insults.

Humility does not hide the gifts received, but turns them back to God who is its Author and does not attribute to itself non-existent merits, since the humble know very well that man without God's help can do nothing.

Oh, let be renewed the ranks of my consecrated children eager to please Me and entrust themselves, like my first Apostles, to the goodness and care of my Mother.

The Queen of the Apostles, knows how to educate them in accordance with the model that she herself has made, and will be its guardian.

THE HOLY INNOCENTS

December 28, 1968

Q. - Jesus, do you want to talk to me?

A. - Yes, my daughter . In memory of the first martyrs of the faith, who were sacrificed to bear witness of my birth, revive your faith and always offer yourself to the Father with Me, in the acceptance of the cross and suffering, to make profitable my birth with the People of God and for humanity.

The Redemption and the spiritual rebirth of the world presuppose a sacrifice and the shedding of blood. I beg you, contribute with your daily sacrifice for the spreading of the faith so necessary in man's life.

THE EXISTENCE OF ANGELS

December 29, 1968

My daughter, in this Christmas period I want to speak to you about the angels who had such a part in my mortal life.

These lofty creatures, which God created at the beginning of the world, before creating man, and whom He has endowed with intelligence superior to man and with a free and prompt will, are pure spirits, destined to the service of God from their creation.

They could all have enjoyed his vision and infinite glory if, subjected to the test, they had chosen to recognize their inferiority in respect to the Supreme Being and agreed to put themselves at his service.

The rebel Angels

But Lucifer, the most beautiful of all the angels, knowing his greatness and his beauty, did not want to attribute them to Him who had given them to him. Thinking of being self-sufficient and reaching the power of God, he rebelled against Him, dragging with himself a numberless host of angels who obeyed him.

This free act, carried out by intelligences so perfect, did not make repentance possible on their part, and therefore on God's part forgiveness and reparation, which were instead made a gift to man.

The rebellious angels were called demons and fell into Hell. They hate God and for nothing would renounce their situation despite being so miserable. God hating, they hate men, envying them the Incarnation and the Redemption.

With the permission of God they roam in the world and tempt man to evil. They do not read the thoughts in the mind of the man, but with their intelligence succeed in guessing them. They capture the weak side in every creature and with that use it to make them fall.

They are cunning and evil, but can do nothing on the man's soul if God does not allow it, and if the man does not open the way for them by joining with his will.

The Angels of good

What demons do to circumvent souls into evil, the angels do for the good. Ready at the least sign from their God, they act before men by making known to them his will and his desires, zealous only to render glory to God bringing to salvation all men.

That angels exist can also be inferred by reason alone. If you observe in fact, the magnificent order that reigns in the universe, you can without doubt figure out how there would be missing a level in this admirable stairway of creation if above man there were no creatures who are superior to him in a level inferior to God.

But if that's not enough, you can open the sacred books that were inspired by God, to see from the beginning of the world the presence of these beings. I'll mention a few to you.

After the sin of Adam and Eve, an angel expelled them from the earthly Paradise. Apparitions of angels alongside many of the characters of the Old Testament stand to show their existence, and the task they have to guide man to good by providing him also material services, and helping him to overcome many difficulties.

At the beginning of my human life, however, the angels become the great announcers of extraordinary events. The annunciation to Mary, the announcement to the shepherds, those to Joseph and to the Magi, show men much familiarity these creatures have had with the Family of Nazareth and with all the families of the world.

Know, my daughter, that the Lord does nothing by chance and as now, in the teachings that I give you, I turn to all those souls who read them, and want to listen to Me, so in every event, both of the Old and New Testaments, God had in mind the good not only of his chosen people, but of all peoples and of all times.

The Guardian Angel

An angel accompanied Tobias on his journey, and comforted Joseph in his doubt. Every human being in the journey of life is accompanied by an angel who sees God continually, and under his direction, helps man to do the will of God to come to eternal salvation.

In the doubts and discouragements of life, the angels are next to each man to help him, to encourage him and preserve him from harm. If you knew from how many dangers you have escaped via your angel! Dangers of soul and body, dangers more or less serious.

The angels also have the task to enlighten men and you have had many proofs. How many times has a sudden light appeared to your mind as an optimal solution to important questions for the spiritual life or for the family?

Maybe you attributed it to the perspicacity of your intelligence and you forgot that the light that came to you from above, from that angel who, even if sometimes you forget him, never forgets you.

He helps you to accomplish your mission, he awaits only from you your fiat of adherence to the will of God, as the angel Gabriel did with my Mother.

The angels are close to you in every moment of your life, but the point more challenging, if so you wish to call it speaking in human words, is the point of death of man, when the devil unleashes the last battle to take away the prey.

The moderns laugh

My daughter, the moderns laugh about the angels and deny the existence of demons; but believe Me, it would be much better that, commending themselves to the first and fearing and combating the others, they might learn to defend themselves from the dangers of which man is surrounded.

A vast number of angels, divided into nine choirs, gladden Paradise. If you want to one day be welcomed in the midst of them, love them as of now, invoke them that they may help you to fulfil your duties with that perfection with which they carry it out. Listen to their good inspirations.

Some of the saints, who were particularly devoted to the angels, had the joy of seeing them next to them. You can see them with the eyes of faith and invite them continuously to praise and bless the Lord on your behalf when you cannot do it with all your faculties, and join them when you pray alone or in company.

Be certain though that the prayers that your angels carry towards Heaven will be on the same stairway, that Jacob saw in dream, from which will bring back to you graces and favours.

THE PRESENCE OF JESUS IN THE EUCHARIST

December 30, 1968

Daughter, among the various heresies that these days are spreading in my Church there is the one that denies my presence, real and permanent, in the Holy Eucharist.

Well then, know that this doubt of faith greatly offends Me. With it is put in doubt my power and ability to perform a miracle of love which can and must be considered that of the transubstantiation of the bread and wine into my Body and my Blood.

Already from the moment in which, on my time on earth, I promised to give in food my flesh and in drink my blood, there were those who said, turning their back on Me: *"What does He want to do? What words are ever these? We do not understand such language!"*

But now after twenty centuries of continuous miracles, there is doubt that I, in the immensity of my love, have wanted to remain with my children as a friend, brother and father, as nourishment for their souls and as refreshment for their toils, this pains Me so much.

Know, then, my daughter, that from the day when surrounded by my apostles I left my testament of love and gave to them my Body and my Blood in food, telling them to continue through the centuries this miracle, I at the words of any minister, worthy or unworthy, renew the consecration, I make myself present on every altar in the world.

Then remains my real presence as long as the sacramental species remain.

See with how much love, with how much reverence and devotion every faithful should assist at Holy Mass, with how much desire he should go to communion and with what diligence he should visit Me in the churches where I remain a silent prisoner waiting for affection.

Unfortunately, the churches are becoming depopulated, and not only do you have an aversion for this precious food, but my companionship is despised.

Repair, my daughter, at such ingratitude, and do not forget that I demand from you Communions made well, prepared well, and for you to want to expose to Me your affections and your desires after having received Me, and for you to want to listen to Me, since if I do not speak to you with the voice, I will certainly speak to your heart and your conscience.

Remember that the Eucharist is a pledge of salvation and future glory after having been the source of grace and redemption.

SUGGESTIONS

December 30, 1968

(Most Holy Mary) - My daughters, do not be disturbed taking on responsibilities that are not within your competence. The times are sad and will become even more sad, but every event will be guided and will bring its consequences of good.

It is enough for you to be aware of what is happening in the Church or because more than ever, you have to commit yourselves to pray, to sacrifice yourselves and to spread the truth through the teachings that are given to us by the Merciful Jesus.

With goodness and charity warn people who are going astray, helping them to see in the light of the Church the truth. She is always our teacher and guide, directed by the Holy Spirit.

I will send you some people who will help you in your commitment of faith and charity, so be calm, but persevere with much prayer.

I bless you.

SUFFERING BRINGS REDEMPTION

December 31, 1968

Daughter, never lose sight of the goal to which you must aim and you must reach: Heaven.

Time passes quickly, the years, the months, the days, follow each other without ceasing, and the last day of life arrives. Nothing will be of use to keep you on earth: you will have to leave.

If you have always wanted to reach the homeland, the exile will not hold you back, but you will be happy to leave it. If your heart will always have been detached from everything and everyone in the sense that you have enjoyed and loved everything and every person in God and for Him alone, nothing will hold you back and you will be happy feeling the moment approaching in which you will tighten more your bond with Him and enjoy his loving embrace forever.

Every day that passes is a step that you take on the stairway that leads to the afterlife. I would like that at the moment you leave the earth you felt like a bird to which the cage is opened and which hovers in the air enjoying finally freedom.

To love and to suffer

My daughter, the value of life is great because it is the means to capture eternity, but everything in life that seems indispensable, and to which men attach their heart, is worth nothing. Only two things are worthwhile: to love and to suffer. Love in its two aspects of love of God and neighbour and suffering accepted and offered up in all its forms: spiritual, physical and moral.

I suffered in my mortal life and made the suffering a gift to the Father for men. You have to do the same. No one can be exempt from suffering since you all have sinned and sin continually.

Suffering is the means of redemption. I gave you proof of it, having borne the sins of all men, I became as a consequence the man of sorrow and my Holy Mother, being called to be the co-Redemptrix of mankind, suffered unspeakable pains with Me.

My suffering could, can and will be sufficient for all men and for all times since I am not a man, who offered it and continually offers it to the Father, but God.

So that its merits can pass to men, it is necessary that you too put yourself on its way, that you grab the same cross, that you plunge in the same bath of purifying blood.

I assure you, my daughter, that in Heaven you will bless the Lord not so much for the gifts He has bestowed on you, as for the sufferings that He has allowed you and with which you have been able to contribute for your salvation and the world's.

His own contribution

The Sacrifice of the Mass that is continually raised to God by the priest on the altar is the offering to God of my Passion and Death and of my Blood; it is a real fact, it is a bloodless but authentic renewal and woe if there were none!

But every faithful must put in the cup of my Blood his own contribution so that the offering may be complete, and so that of my offering men would also be participants.

Remember these things at the sunset of a passing year and the beginning of the new one, place in my heart all the suffering which is now over and that you, perhaps, have forgotten, as I will never forget it; dispose yourself to accept all the sufferings that the new year will bring you, considering everything as a great gift of Heaven.

BEST WISHES OF PADRE PIO

December 31, 1968

My children, here I am with you. I am Padre Pio and as the founder of the Prayer Groups I have come to give you my best wishes for the New Year.

Little children, I give you my most sincere and most holy wishes. Let this year, which will begin tomorrow, be a year of grace in the Lord, full of good works of faith and light.

I recommend to you, children, love, love one another, a great deal, learning to sacrifice yourselves for each other! Learn to put up with the faults of each other because charity wants it so, and because you cannot do good when there is no harmony.

Let your workgroup be based on prayer and on the intense spiritual life, but do not neglect your household duties. Be orderly in all because order will make your works bear fruit, and will be so pleasing to God without disgusting men.

I bless you and accompany you in all your projects. I will be present at that Holy Mass which you will have celebrated every month in honour of the Mother of Divine Love, and so that in the

prayer groups throughout the world there may be those things that I have wished for you, and that is, harmony and order, in obedience to the Church and with the blessing of God.

I always wait for you in your meetings which must be an incentive for you to continue well in the service of God.

I am here to comfort you because you are all my children, and even if I have left with the body, I am much more united than before with you and I can help you in everything.

BEST WISHES OF MOST HOLY MARY

December 31, 1968

My children, I cannot let this day go by without giving you my blessing.

You have listened to the words of my minister and those of Padre Pio. Now I recommend you only holy perseverance.

Forget the past and throw everything in the Heart of my Jesus; look ahead and never doubt of the love of my Jesus and my own.

If you have trust in us the new year with all the concerns, difficulties and sufferings, will look beautiful to you and you will fill it with merits for Heaven. In this way it will become a year of grace.

I bless you all and I bless every day of the year that you will begin tonight for the glory of God. There will be those who this night will make revelry and sins. I ask you for a little reparation.

I would like to ask you a favour: Do not alienate yourselves from your family, but try to find half an hour of time to devote to reparation.

I bless you all: one by one, and I repeat to you on behalf of my Jesus: Happy New Year to all!

BEST WISHES OF JESUS

January 1, 1969

My daughter, on the threshold of this new year, I, your God, want to give you my best wishes.

I wish you, I desire for you and I help you to acquire holiness. You cannot attain it in those few days that make up a year, but you will put your best effort.

You know that it consists in love, and I as of now fill your heart with love. You will only have to respond to my gift with all the love with which your heart is capable.

It will be a fire of love that will destroy everything that offends God, it will be a continuing destruction of defects, made in love, for love and with the help of love.

With this I do not mean to say that you will succeed in brushing it all away in the blink of an eye, but daily you will purify your works, your thoughts and everything that in you may be defective.

Holiness is acquired by loving because holiness is love.

On your part, I would also like a particular effort to know and destroy your predominant defect, and it is exactly against this that you have to engage your battle. I would like for you to mark your daily victories so as to get to the end of the year with one defect less or at least very moderated.

What I ask of you and I will help you to give Me is evenness of character and mood in the thousand vicissitudes of life. You know that everything that comes into the world and particularly in your life, is guided by Me. You must therefore, make a continual effort to renew this act of faith, and in the certainty and confidence of this truth you must maintain serenity and peace.

Will you promise Me, my daughter? Yes?

Well then, as of now I bless this year that is about to begin, and I accept and I desire from you in advance the offering of everything that will happen to you in this coming year, with everything that will fill it with joy and sorrow, goodness and of sacrifice, generosity and renunciation.

You give Me an offering, and I accept it because it is as if you were to put the address to a letter you want Me to have. Now be calm. Do you want to work for Me? suffer for Me? think of Me? love Me?

I thank you and I promise you that I will work for your sanctification: I will think of you and continue to love you infinitely, showing the magnanimity of my Heart not leaving myself to be outdone in generosity.

THE NAME YOU BEAR

January 3, 1969

My beloved daughter, I want to give you a little lesson concerning the name you bear.

The greatness and the importance of a name depends on the person who bears it. You remember certain names in history or in the life of the Church that are cited as an example or celebrated as heroes. Even if many other persons bear that same name, theirs is unmistakable through greatness and by the honour that is attributed to them.

Then there are the famous names of persons who have highly benefited humanity and are pointed out for appreciation and gratitude.

To the names that I have recalled to you and which you put under the name of benefactors of humanity, you can contrast the abhorrent names of those who did harm to their neighbour, their country and the world. Those who hated God, Jesus Christ, his Church and sowed in the world wars, strife, evil, wickedness, errors, heresies, sins of every kind.

Do your duty

You bear a name or names that you have been given on the day of your baptism, and which I already knew from all eternity. Do you want to make your name glorious forever? I desire, but it is up to you to realize my desire. Do your duty, your mission in the best of ways. Try to do good to everyone, to love everyone, to help everyone by prayer, by example, by word, by deeds and your name will be as honey on the lips of your loved ones and will be remembered as a blessing by all.

You bear however, also another name that is common to that of many other people and which is and should be a great commitment and a great responsibility for those who bear it.

You call yourself a Christian because you are my follower. Few consider the meaning of this name: to be a follower of Christ. I want first of all to say to you what Christ means: it means anointed by the Lord, consecrated, priest.

I already told you the greatness of the name of Jesus which means Saviour. Now know that in Jesus and for Jesus, you and all those who desire it, will have salvation, provided they do not trample the name of Christian.

I, the Christ, the anointed of the Lord, have given to my children and followers a code, made not only in word but in real life, and I said to all: *"Whoever loves Me, let him follow Me!"*

To follow Me means to live my own life, to take up like Me the cross, to climb Calvary, to die crucified on it, even if in a figurative sense. It means do as I did: to love, to love! To love even your enemies, even the selfish, even the wicked, everyone, just by that name you bear of a follower of Christ.

From this name comes to you also a consequence of action from which I cannot exempt you.

Consecrated in Baptism

Christ is a priest, God's representative on earth, as Man (since He is God himself), but you also need to represent Him as his follower and you have to serve as a link between your neighbour and God. You also have been anointed and consecrated in Baptism and Confirmation.

You have been given an apostolic task and the responsibility to give glory to your name of Christian. Great is your dignity, my daughter, never forget this, do not dishonour my name. Do not be ashamed of this name that many others bore and to defend it gave their lives and shed their blood.

To follow and to love Me means to reign since Christ is God, Christ is King

I am not a king in jest as they have described Me nailing Me on the Cross, but a King of eternal glory.

PURGATORY

January 3, 1969

My beloved daughter, you have prayed to Me for the soul of a priest of your acquaintance and that allows Me to talk to you about Purgatory.

Know then that it is a place created by the merciful goodness of God where reigns suffering, more or less intense, in proportion to the punishment that the souls must expiate. It is, however, a place of great peace, where God's love is so strong that not being able to see Him becomes the greatest pain.

The hope of being able to reach God sweetens all suffering since in this waiting there is an absolute certainty.

The purifying fire

The pains of Purgatory are different depending on the types of sins the individual committed on earth and must atone for. The purifying fire that devours him does not have for all the same force, and it affects by preference those parts of the body that sinned in life.

You might tell Me that in Purgatory, just dead, you go with the soul, and it is true; but the soul will suffer all the pains as if she were accompanied by the body. She lived so united to it that the separation, even if real, is not total, nor definitive.

The souls in Purgatory yearn to reach God, but being unable to pray for themselves cry out for

help from their own loved ones. When a soul in Purgatory feels some refreshment in the torment that devours her, she thanks God and expresses her gratitude praying for whoever gave her relief.

There are good souls in Purgatory who have lived holy lives before men, but from whom I desired a greater perfection, a greater degree of holiness. Now that perfection which they did not reach in life, they are acquiring in that place.

There are souls who occupied positions of responsibility and I desired that, responding to the grace of the position that I gave them, they always behaved in an exemplary manner.

Human weakness, sometimes laziness or lack of concern or spirit of sacrifice, made in life these souls not quite exemplary. In Purgatory all are perfected and become worthy of the vision of God.

They would refuse

If I wanted to, in an act of merciful goodness, command that Purgatory be emptied and that all souls come in glory as they are, they themselves would refuse as if you were to invite to the banquet of a king a dirty and shabby beggar. He undoubtedly would think the first thing to groom himself, and even if he had to borrow it, he would seek to put on a new suit.

Know, my daughter, that in Purgatory there are priests and bishops who, considered holy for the office and the sacrament they have received, will remain in the greatest suffering until the end of the world if no one prays assiduously for them.

The pains of Purgatory are proportionate to the graces received, so people who were less virtuous in life will stay less in Purgatory than those who were more, for the simple reason that these latter had graces in abundance and others less so.

To pray for the souls in Purgatory is a charity, it is a duty and a matter of great advantage since their power to help is very great.

In these souls the love of neighbour is strongly felt, and since they see things in the light of God, in them enters the desire to collaborate with Him for the salvation of souls. Therefore they turn their prayers to the Church triumphant so that all, angels and saints, might relieve their loved ones who are still in the world, so that they may be saved.

Also materially

They help with God's permission even materially their families and those who pray for them, defending them from the dangers and lovingly accompanying them to solve their problems also of a purely human nature: and everything always directed to eternal salvation.

To Purgatory go there almost all the people of this world of yours. Only those souls are preserved who at the last moment of their lives make a perfect act of love or sorrow whereby is erased not only the guilt but also the penalty. They also avoid Purgatory those who accept to suffer in this life.

There are very few souls who escape the last act of God's justice, and who go directly to Paradise since, as holy as you may be, the perfection that God demands of each one is so great that no one feels worthy to face his presence and to join the ranks of the Elect, without first diving into the healthy and purifying bath of Purgatory.

Now I assure you that however great the sufferings of this world, they are nothing in comparison with the pains of Purgatory, and that the acceptance of suffering in this life can decrease that of the other.

That's why I invite you, if you truly love yourself, to want to try to accomplish in life everything you do with great perfection and love, to avoid having in the other life some bitter surprises.

Nothing escapes the eye of God: thoughts, actions, desires, and feelings are before Him as an open notebook where He reads every moment of your life of every day.

Be careful and reflective to utilize everything for the benefit of others who are suffering and to avoid the sufferings of Purgatory, which though softened by hope and love, are terrible.

I cannot help but invite you to turn often to the Queen of Purgatory to invite her to go to liberate and to console those souls who are suffering, a thing she will do with great love.

BE JEALOUS OF THE GIFT OF FAITH

January 5, 1969

Q. - Jesus, what do You want from me?

A. - My daughter, be jealous of the gift of faith that I gave you. Guard it, defend it and try to increase it more and more.

Remember that the just man lives by faith. Faith in God his Creator. Faith in his word, Faith in his Will, Faith in his promises.

Believe, my daughter, and from the greatness of your faith will depend the serenity of your life and the greatness of your works.

Faith, will teach you to turn to God, to discern his will in every event happy and sad, to see in everything that happens in your life the marvellous work of a God who loves you.

Then you will learn to repeat your yes in everything.

LIVE YOUR FAITH

January 5, 1969

My children, allow Me to join my Mother to express to you an invitation: it could be a command. Learn to live that great gift that you have been given with Baptism.

Live out your faith, be proud of it. Give testimony of your faith in the midst of men. Do not blush ever, over my Creed nor over my Commandments. Do not blush to be my followers and devotees of my Mother.

On the last day your faith will be a great comfort to you, and will be on the day of the final judgment that white standard that you will wave before all men with which you will glory. And if you were asked also to suffer for this faith, giving your life to be faithful to the Commandments, be generous.

The palm of martyrdom will not be just of those who have been sacrificed by the executioners but also of those who, faithful to their Creed and the Commandments, shall have exercised heroism.

THE PROMISES OF BAPTISM

January 6, 1969

Daughter, often renew the promises of Baptism since, if then your godparents spoke for you and in your name, now consciously you can make those promises. I will fill your heart with the Holy Spirit so that illuminated by Him you may know what you promise to do and what you do not want to do. In these promises there is a whole program: to believe, to avoid evil and to practise good and the Law of God.

It is the profession of your faith the first part, and it is so necessary for you to renew every day knowing what you believe. You believe in that God who is the Father Almighty. These two words would suffice to express all the trust that you must have in Him, and the complete abandonment you must have to his divine will.

God the Father

In common language you use the name father as synonymous with goodness or as a term of comparison for it. But you do not even know remotely the goodness of my Father, because your view is too short. Only in Heaven will you have an exact idea, and this will be a great enjoyment.

If some of the saints cried with joy thinking about having a God as Father, tell Me what will Paradise be when it is not just the thought that unites you to Him, but you find yourself immersed as in an endless sea of love. The sweetness and the immensity of this love also will give to you almost infinite capacities through which you will embrace in a single embrace all the angels and saints in Heaven and creatures of the universe.

If you could know right from this earth and fully enjoy the goodness and love of God, it would be a foretaste of Paradise. What you cannot know in its reality, let it be the object of your meditations. You will feel enlarged your heart for love, and will come to you greater and greater the desire to do the will of a Father so good, who thinks about you and wants your good.

God the Son

Continuing in your profession of faith, you might say that you believe in the Son of God made Man. I would like that this act of faith made you see really that, alongside you, I am here to live your own life. A companion in joy, a companion in sorrow to enhance everything, to sweeten every suffering, to help you carry the cross, to teach you to practise virtue in order to continually point out to you perfection.

Believe in Me, I beg you so that still as during my mortal life, as a reward for your faith, I may be able to work miracles of love. Believe that I made myself one like you to lift you up to Me. Do not forget that I am the Son of God.

This I desire, for you to raise yourself up to deifying your life. What I am by nature, you can be by grace. This is my desire: to lift you up continually up to reaching Me. That's why I made myself man.

Our union must be so intimate and complete as to be able to say with sincerity that your life is mixed with my life. Then you will be able to pass among men and they will say: "*Christ is passing by*", and they will feel Me among them, they will see Me walk with them, eat with them, suffer with them.

Only in this way you will give testimony of Me, and bring others to live my life as God-Man in the

world. Continuing your profession of faith you will say: I believe in the Holy Spirit.

The Holy Spirit

The Spirit of the Father and mine is like the sun which, warming and illuminating the earth, makes it fruitful. As He making fruitful the Virgin my Mother, He made her worthy of giving birth to Me, to life and to the world, so with his workings without ceasing, in making souls fruitful He makes them capable of that divine life, a life of love and grace with which the Christian, to be such, must enrich himself.

To believe in the Holy Spirit is like giving in to the love that sanctifies souls, the Church and the world. Oh, if all Christians believed in Him and in his continuous action, how much different they would be and how more widespread would be holiness!

Do you want to become a saint? Believe in the Holy Spirit and He will sanctify you. He will inspire you the manner, He will give you the means, He will point the way for you and strengthen you such that, by responding to his aspirations and his help, you will reach the heights of heroism and perfection inadvertently.

Believe therefore, in the Holy Trinity: make sure that He dwells in your heart as in his Heaven and your life will be transformed into a luminous beacon for all.

SEEKING ALWAYS THE SOUL

January 9, 1969

Q. - Jesus tell me what my duties are regarding a priest spiritual son.

A. - As a spiritual mother, you must first of all pray for him and help him with many, many sacrifices. You must want his true good, that is, his sanctification, and that he performs his duty and his mission in the best way.

You will help him with the word if this will be pleasing to him, but if he does not desire it, do not waste it. Speak to Me about him and I will help him more than you can do it. If you seek his true good, everything will be easy for you. Being near or far does not matter. Seeing or not seeing each other does not matter, provided that there are no hard feelings, faults and wickedness.

What does it matter that you can humanly give or receive something, if that can bring unhappiness, confusion, failure at obedience or to one's duty?

Always seek the soul in your spiritual children. Love her and desire that she be more and more enriched with grace, this alone should be enough for you.

I wanted you the mother of many children, including many priests. But if you were to dedicate and develop a passion for each and every one, what could you do? You would wear out your life unnecessarily, and your work would bring material benefits to people who would enjoy your affection, but perhaps at the expense of spiritual goods.

My daughter, love everyone equally, without distinction, and if I have allowed for some time, to raise you up from the great pain that you have had, you were understood and treated with special affection, now forget it. Just think about doing what I told you. I will give you merits that you do not even imagine, as if you had brought up these children, had given them to Me, and had helped Me to sanctify them.

All independently from them, from their response, since every one will be rewarded for the

good they will have done, not by the human recognition that they will have had and by the response, even in good, from others.

Be serene and good because many are waiting from you words of comfort; and how can you console if you do not possess serenity and peace?

WITH RESPECT TO CHARISMS

January 10, 1969

Q. - My Jesus, does it seem right to You that, on behalf of these great gifts that You bestow on people of this world, you have to ill-treat those who receive them also on the part of your ministers?

A. - Daughter, as I said before, faith is a gift of God and it includes everything that man can believe and which can be summed up in this:

To believe that God exists, to believe in his power, in his wisdom, in his infinite goodness.

To believe in Jesus Christ, the Son of God made man, God as the Father and the Holy Spirit and as He, capable of doing miracles and teaching his doctrine to men.

To believe in the Holy Spirit, the Eternal Love who enlightens men, and makes them capable of believing and working with Him for one's own sanctification and that of others.

God is free

All this means is to have faith; if one believes everything that I told you one cannot doubt that if God is good, wise and powerful, He lacks nothing to do in the world the most unexpected things, the most grandiose and the most useful for the good of the individual and of humanity, according to times and places, and according to the needs of the world.

If one believes in Me living in the world be it under the species of Bread and Wine, or in the Mystical Body, therefore, journeying with humanity towards Heaven, one cannot put into doubt that I, in favour of this troubled humanity, can devise all means to alleviate the sufferings, to give confidence and to help everyone to carry the cross, a Brother among brothers.

If one believes in the Holy Spirit, the soul of the Church and the life of souls, the Eternal Love who makes fruitful, sanctifies and perfects all things, working individually and socially for this purpose, one cannot put into doubt that He can act in many different ways to achieve this goal.

The Church knows very well all this, but knowing also human weakness and knowing how easy it is for man to make mistakes, and how astute the devil is and how he acts incessantly on souls, on the faithful who are the living Church, the Church remains very cautious, fearing to approve what can be erroneous and defective, being subject to the weakness of man.

Very wary

Nobody forbids the Lord to give his gifts to a creature; and this the Church and her ministers know it. But if whoever receives these gifts renders himself unworthy of them or attributes to himself merits as if they were his own, God allows at times confusion and error for the punishment of pride, for which the Church must be very wary.

My desire would be that one does not discard everything a priori, without looking into it and

that one would not put limits on the ability of God to communicate with his children in the most diverse way.

Nothing forbids Him to make himself understood either with his own voice or with that of men (as He once spoke over the centuries through the prophets), or to speak in their heart, in their mind and by their mouth.

If it is not forbidden to demons to speak through creatures, how can it not be permitted to God to speak through a soul made to his likeness?

Time is needed

Prudence demands of the Church and especially the hierarchy to be watchful and to walk very cautiously, but not to the point of combating without probing and denying, without studying everything in the light of God the Supreme and Eternal Good who, all being able and willing, makes use of every means to communicate and lead to salvation his children.

In every thing time is needed and by means of study, of sacrifice and prayer, what God wants is brought to completion.

The important thing is that whoever receives these excellent gifts remains in humility, does not neglect them and uses them for the good of himself and of others. That one has patience and accept suffering as a means to ripen the seed, even if the suffering comes from the Church or the brethren.

KEEPING HOLY THE SABBATH

January 15, 1969

Q. - Jesus, I am at your service.

A. - My daughter, insist to all those who come to your home and who ask for graces, that they approach the most holy Sacraments and live in the grace of God.

How can they expect to be helped in their needs when with sin they declare themselves the enemies of God? That is why I insist on this, and with great pain I am aware that my goods are desired and not Me. In fact, even more than my goods, which are real goods, are desired material and transitory goods which in the life of man, if they are necessary as a means, however, are not the end to reach.

There are many who neglect my Commandments, or take into account only some of them, deeming themselves holy, or at least just because they do not offend God by blaspheming, or because they say they do not kill and do not steal.

There are others who disobey the Commandments of the Church and her laws, thinking that they easily can be replaced with those dictated by oneself, sometimes from selfishness or pleasure.

With true devotion

Permit Me to let you observe with how much thoughtlessness one neglects the precept of Sunday Mass.

How few are the souls who attend with true devotion and are convinced that it is a liturgical act of the utmost importance, since it relives on the altar the most tragic and the most solemn moment of the history of the world, when the Son of God immolated himself, sacrificing himself

to save everyone and each man.

They forget that the Holy Mass is an act of institution not human, but divine, and it is the centre of that religion which unites man to God.

Every religion supposes acts of external and internal worship and the Holy Mass is the greatest of them because, truly participating in it from the heart, it works a real transformation of the faithful who become partakers of the Holy Sacrifice and then become one with Me, sacrificed and sacrificing.

Enhances your life

Holy Mass enhances the life of the Christian, giving his offering an infinite and universal value: infinite because united to mine, universal since it can benefit all men of all ages, of all places.

Every act of religion or worship is the practical implementation of the first Commandments. Particularly it is of the third: *"Remember to keep holy the Sabbath."*

And how can you keep it holy if you take away the Holy Mass, the greatest act of worship, the most pleasing to God, offered by the Son to the Father? No good deed, no prayer, no sacrifice will ever be able to replace this precious offering that saves the world.

How they grieve Me certain mothers who neglect this important duty, for themselves and for others, leaving their children unaware of what is their duty; they do not make it appreciated to the youth who grow attracted to trivial things, while neglecting the true values!

How much responsibility in these mothers and fathers who, neglecting their duty to indulge the desires of laziness, of enjoyment and pleasure of their children, prepare for them a miserable eternity!

How much it would be desirable not only on Sunday but, if possible, even daily, for my faithful to hear the Holy Mass and feed on the Holy Eucharist!

What help they would have, what peace, what joy, how much more patience, and how much more holiness there would be in the world! and, in contrast, what less hatred, what less evils, and how much more goodness and happiness.

They would be far worse

You might tell Me that there are many people who go to Church and participate at Holy Mass and are perhaps more wicked than others. In some cases I agree with you. But remember that if these people were not to go Church, they would be far worse; if nothing else there will be a chance for them to mend their ways and repent.

Many times, however, this view is wrong because one judges those who go to Church as persons to put on the lamp stand, while no account is taken of human weakness, that belongs to all, of the character, of the poor upbringing received and many other factors that are known to God, and are unknown to men.

What is most pleasing to God that one can do is that you do not judge anyone, but that each one in approaching the altar of God beats his breast accusing himself as a sinner, and asking for pardon for himself and for all the brethren.

The right intention to participate in the divine mysteries and collective prayer justifies many times the sinner even if those defects remain to him against which he persistently combats, which make him suffer and which he fails many times, against his will to win and overcome.

A useless and sinful thing is that of going to church for ulterior motives, thoughtlessly and without

the least desire to improve, since this is called wasting the gifts of God and self deception.

To bring to Church one's misery and helplessness and the desire to improve is a guarantee of justification and holiness.

Your sacrifice

My daughter, listen to Me well. I will give you health and joy, but learn to sacrifice yourself since the Holy Mass, which you attend every day, is not complete without your sacrifice. And the greater the sacrifice and the more it is offered with love, the more abundant is the grace that you possess; and the more your participation will be fruitful, the more abundant will be the graces and aids you will receive.

Under the cross, my Mother offered to the Father, with my Blood, her pierced heart. Learn to offer, my daughter, all your pain, big or small that it may be, throughout the day.

Gather up everything as in a casket that holds the treasures, and with it all make a generous offering to God with Me, for the good of all.

January 16, 1969

Pray, suffer, love and work with Me, for Me, in Me for your family, for the Church and for the world.

LOVE ME AND MAKE ME LOVED

January 17, 1969

Q. - Jesus, what do you want from me?

A. - Love Me and make Me loved. Not the fear of eternal or earthly chastisements must spur you towards good, but the memory of what forms my most intense and burning desire, that is, the memory of the love that I bear eternally, and which led Me to sacrifice myself entirely for you.

You must love Me out of recognition, out of gratitude, out of duty. It is an immense gift that I give to my creatures, that of asking, allowing, begging for their love.

But it should then be a happiness for each one of you to be able to give this love and manifest it in every moment of your existence!

This I ask: Love Me and make Me loved in every moment of your life and make it an important offering of love.

Now I ask you another gift: welcome every person in your home as you would welcome Me. Be respectful of each other. It is said that the guest is sacred and it is truly so if, in the guise of the guest friend, you see the image of your God.

I BLESS YOUR HAND

January 17, 1969

My daughter, I invest you with all the strength that you can understand, that is, be enclosed in you and I help you in everything. Trust Me, and await with confidence the fulfilment of your mission of good, peace, goodness and love.

I want that through your means, the devil be turned far away from many persons who are

under his dominion. Do not fear anything.

I bless continually your hand so that, nimble in writing, strong and powerful in blessing, it may give to many peace and goodness.

Too many people hate each other and hating each other play the game of the Evil One. Too many envy and slander each other, and do not love. They are outside the Law, they are not in God who is all love and goodness and mercy.

Work tirelessly, my daughter, for my Kingdom of Love to come among men, and that they cease hating one another being all children of the same Father.

Q. - Jesus, I commend to You all those who come to this house.

A. - I, through you, bless everyone, but some will heal, some not; but everyone will have an increase of faith and peace.

ADVICE FOR PRIESTS

January 18, 1969

Q. - Jesus, what do I say to that priest who is unsuccessful in leading to good his faithful?

A. - Tell him to trust, to love Me and to love his parishioners with a spiritual love so great as to be ready to sacrifice his life for them.

Love works miracles of conversion, because he who loves in a holy way stands in God, he abides in Him and God acts through him; in his name the priest works marvellous things.

Devotion to my Mother and the recitation of the Holy Rosary will be the weapons with which he will weaken his enemies and strengthen the faith in those who have deadened it a bit.

I bless that priest and help him. Let him not lose courage and remain faithful to my Vicar Paul VI. Let him love him and make him loved. May he help him with prayer and have prayers said for him.

To exorcise well

Q. - Jesus, do you think that every priest should be able to exorcise?

A. - My daughter, the exercise of this work of mercy brings with it many dangers to which every priest who wants to exercise it must put himself in a condition to be able to do so, by means of a holy and blameless life. You cannot expel the devil if he dominates in a soul, and by no means if the virtues essential to have strength against him are lacking.

The faith, first of all, must tower, if you want to do a work of faith. To believe in God, in the angels and in the existence of demons, to believe in the power that ordinary men can exercise and in their power when acting in my name.

You must have a charity uncommon, since putting oneself to the test with the Evil One for the benefit of persons swindled by him requires a spirit eager to help the neighbour selflessly and only for the good of souls. From these two virtues expressed comes a lot of strength.

Chastity

But another virtue is essential: that of chastity. The Queen conceived without original sin was able to crush the head of the devil because, being free from sin, she could without fear fight him.

But it is still so: sin makes one slaves of the devil. And how can a slave fight against his

master? Man is by nature fragile and led to evil by the lust of the senses; but if the will is disposed to fight bitterly against them to maintain itself faithful to God, He will not abandon him, rather He defends him and elevates him above the mire.

So the priest can be an exorcist if before he fights the devil know how to fight against himself and his evil inclinations. Needed for this purpose are two things: penance and prayer: two indispensable weapons.

To the apostles who asked Me why they had not been able to expel some demons, I responded hinting at the two means of which I have mentioned to you, which are still current.

How many prayers devoid of meaning and how little mortification and penance is practised not only by the faithful but also from my beloved ones! ...

Ask for permission

If however, a priest, without presumption, but with great humility, eager to help the neighbour, feels the pressing need to devote himself to so many unfortunates, I bless him and help him. Let him ask to the higher authorities for the permission to practise this work of charity, even with persistence and he will not be denied.

You understand that, given the sanctity required, it cannot be a generalized thing, but must be optional on the part of the superiors, and requested by the priest interested in the thing.

Pray, my daughter, for there to be holy priests, and you will see that there be no lack even of powerful exorcists who will be able to command and overcome the demons.

MOTHERS, LEARN TO LOVE

January 21, 1969

My dear children, I am the Child Jesus, here in your midst with my Mother to give you my teachings and my blessing.

First of all I thank you for having put Me in a place of honour, and for this I tell you that the more you honour Me, the more I will bless you. It was right that you made Me this gift since I am truly the Eternal Love of the Father and the true divine Love of Mary, my Mother.

I desire to be, however, also your one true love, in the sense that you all must love in Me, with Me and through Me, in order to be able to sanctify all your affections.

Mothers here present, learn to love your children with the pure love with which my Mother loved Me, who was ready to sacrifice Me in order to save her other bad children. You too be generous and, as you desire the eternal salvation of all your family members, do not forget to offer up your sacrifices, even those ones which let you put with your children, for the salvation of everyone else.

Let it be to you then an incentive to sacrifice and to heroism the example of so many holy mothers who, in the footsteps of the heavenly Mother, were able to attain heroism and say to the Lord that they would willingly sacrifice themselves, giving up the joys of having alongside affectionate children, in order to allow them to go faraway even to bring to other children the light and the love of God.

Today, however, I want that from Me, a small and helpless Child, for you to try to learn the sweetness, humility, simplicity that makes you pleasing to God as children, and that the Heart of God remains conquered granting you all good.

I bless you all and on my Heart I hold each one tight so that, having moved away the Evil

One, you might find comfort and joy in Me.

NOCTURNAL PRAYER

January 22, 1969

Daughter, continue to increase your faith in Me and humble yourself continually before my Majesty, since in proportion to these two virtues that you will practise, faith and humility, you will receive more and more abundant the gifts of Heaven.

Know, meanwhile, that these nocturnal instructions are so pleasing to my Heart. Also in my mortal life I gave in my nightly visits, as the one to Nicodemus, the most profound and friendly teachings.

The night time helps intimacy. The prince of darkness also works at night and the most abominable sins are committed exactly during the night. But when souls, eager to repair the evil and to repay with sacrifices and love the ingratitude of men, turn to Me at night, sacrificing sleep, giving up rest, I do not let myself be outdone in generosity and I give to these souls the tenderness of my affection.

When you read these words, some generous hearts will feel the desire of nocturnal reparation and I will be very glad that you be committed in this sacrifice. Not for everyone will it be an easy thing, but I enjoy in exposing my desires to you whom I see so eager to please Me.

Nocturnal prayer will serve to give value to the intervals between sleep produced by insomnia, by sickness or any other reason, even independent of the will.

Remember that I often spent the night in prayer, I, who being God as the Father and the Holy Spirit, would not have had need to pray. I had to give you an example, to tell you the necessity of prayer, to urge you to add it to sacrifice to make it more effective and more pleasing to the Father.

There are souls, entirely consecrated to Me, who spend the night in adoration. I would like these souls to increase, imitators of my Mother who, in the little house of Nazareth, prayed with Me when, having no engagements with the apostles, I wanted to dedicate to her a few hours especially.

Oh, my Mother how well she understood nocturnal reparation! Turn to her therefore, so that she may be your teacher and learn from her to draw benefits from all those inconveniences that, considered in themselves, could give you discomfort and discontent, while when viewed in the light of the love of God and in that of the encounter with Me, become so comforting for everyone and profitable for the brethren.

Remember that the most important announcements and most pressing commands were given in the nocturnal hours. So be happy to attend to this work that I have assigned to you and make sure that these meetings are meetings of love.

FAMILY DUTIES

January 25, 1969

My daughter, I want, albeit briefly, to talk to you about your family duties; and I desire for every bride and mother to do them with much love and perfection.

Few are the mothers who know how to behave in such a way as to be truly commendable. The

little love for the home sometimes makes hateful those jobs that certainly require a lot of effort; sometimes the sacrifice of the woman, usually unappreciated and almost unknown to the family, becomes unbearable.

Love order, my daughter, cleanliness and be resourceful even in decorating your home which has to be a pleasing dwelling for your husband, for the children and for all who live there.

Let them feel that a heart that loves strongly watches over them, which does not disdain being last and serving all.

I said one day that I had come to serve and not to be served. Be proud to imitate Me you too in this your attitude that, if you humble yourself in front of your loved ones, you however, make yourself loved by them and the benevolent eye of God draws you, who sees you, industrious and diligent, do your duty as wife and mother.

Do not disdain the humble services, but do them for the sake of your loved ones directing each work to my Father, because even if from the former you do not reap gratitude, you may be given the reward from Him who remunerates even one only glass of water given in his name and for his sake.

Act of giving

Proceed with order in your affairs always giving priority to those that are costing you the most and which are most pressing. Learn also to give up your tastes in order to please others so that your whole life becomes an act of giving to others.

Learn also to ask humbly and sweetly, the help of your family members that they all work together for the good performance of the house and they do not have to feel too uneasy if you had to be away.

The little house of Nazareth, so poor and miserable, was always so clean and tidy that one would happily always have stayed there. Even my friends, the apostles and others who came, were able to taste in it a delightful peace.

Mary attended to everything with great precision, Joseph and I worked together, each according to his duty. Consider that also in your home, in addition to your husband and children, the Lord dwells. Therefore, make it his royal palace and make your heart his throne, so that God's blessing may be a guarantee of happiness, harmony and peace for all.

If duty calls you out of the house, never go out without entrusting it to the angel who is its guardian, so that in defending it from every snare or danger, he may always save and guard with it also those who live there.

Away with sin

My advice would not have been complete, my daughter, if I did not recommend to you the most important thing.

I told you about order and cleanliness, but I assure you that these things could not be useful if you allowed sin to come into your house. Do not infect the air, I beg you, by allowing to enter bad or pornographic newspapers, books or magazines.

Do not allow persons to enter to scandalize your children by foul language and with murmuring. If it is necessary to keep the air pure for health, the same thing is necessary for the soul. The ugliness of sin makes her beauty blurred, by letting the health of the soul and the life of God in her be lost.

Let all know that in your home God is loved, is served, that you trust in Him, and that the

spiritual air is kept pure and oxygenated through prayer.

If you can do some good to your neighbours nearby, invite them to pray with you. If you expect, however, that with prayer might enter gossip or backbiting or worse still, slander, pray alone or with your loved ones.

Love everyone, but do not have too much friendship with anyone, because exaggerating in this direction you would run the risk of regretting it and seeing your interests and your intimate things publicised or even derided.

Always be prudent, affable and sincere with everyone.

SAVE THE YOUTH

January 26, 1969

Dear children, I am here with you and I have made my own your intentions. I would like to invite you, however, during this week, to put, in the intentions of your prayers and your sacrifices, a particular desire of mine.

I desire that in this cenacle be constituted a youth group. The first meeting you will have on the 11th of February. I will be present to bless this group that will be aggregated to yours and will pray like you, though carrying out a different activity.

Children, save the youth who do not know to whom to turn to be enlightened, and drift away tempted by the devil and deceived by adults who should be their guide in the path of good.

Children, there is to be truly horrified! If you knew to what dangers the young are exposed, and how sad their future is prepared in this way ...

I beg you help the young. Pray, pray and advise where you can, make them your friends to be able to be of help to them so that all may not be lost.

Families are prepared with the knowledge of one's duties, with purity, with the practice of good works, with prayer and mortification.

Dear children, defend your children from evil, preserve them from the dangers, and where you cannot reach with the word, reach with sacrifice. Do not hesitate to offer yourselves as victims for the salvation of your loved ones.

What does it matter that parents can give their children a good education only humanly speaking and a good position, when they then come to lose their faith and moral direction and also eternal life?

Mothers, be generous, push up your ideals, and let your teachings be accompanied by the example of a spotless life, where the thought of God and love of neighbour are alive and evident. The example of a life based on Faith and on Love will be an encouragement to these children and to many others that vice and entertainment beckons .

I bless you and I thank you, children, for what you will do to satisfy my desire.

EXAMPLE DRAWS

January 27, 1969

Q. - Here am I, Jesus, I am at your service. If You do not enlighten me, really I know nothing!

A. - I know, my daughter, and I allow the silence so that you can verify where the source is and that everything you write is from Me, if not in form at least in substance.

Stay with this thought so that it may never fall short in you, that sense of humility that keeps you so low in my presence and without brashness with your peers. Ask Me always for this beautiful virtue, which I grant from the heart to those who desire it .

Always remember that humility is the foundational virtue on which is constructed the building of Christian perfection, and it is a virtue so dear to God and to men. Try to understand the needs of all, to bear the defects of each one, of never expecting from others what you would not know and would not want to impose on yourself.

You cannot expect heroism from others while you do not practise it. You cannot expect and instil a fervour of Christian life if you just barely stretch out and bring forward your existence without ardour of faith and great charity.

Therefore do not require from the children what you do not make an effort to have; always walk hand in hand with them and invite them to the good more by example than by words. The young do not like the sermons, but as perfect observers, they see and hear everything, even when they seem indifferent.

The good examples, even if they are not imitated, will remain etched in their minds as an indelible memory, which perhaps will mature in its time.

What I say to the mothers for their children, I say to all: *"Be a bright light for your brethren. By the good example that you give may all be attracted to the good and to the Supreme Good, God."*

Remember, my daughter, that I began to do and then to teach, and it is always so what you have to do, because the example draws.

Therefore, go in the midst of all sowing my good perfume, that delicate scent of violets, or that delightful one of the rose and the lily, or the one inviting to incensing prayer and act so that through them hearts might be enlarged to hope and love.

May the good perfumes suffocate those terrible miasmas coming from the mire of vices, and reawaken in all love for the beautiful, the good and the holy, of which God is the author.

PRAYER AND PRAYERS

January 28, 1969

Daughter, I want to give you some explanation on prayer lest anyone who frequents your home should say: He or she honours Me with their lips only and not with the heart.

Learn to distinguish well therefore, prayer from prayers.

Prayer is to raise the mind to God, to study his qualities, to admire and imitate his goodness and perfection, to desire to reach Him after having fulfilled his Will.

Prayer is to raise your heart to Him, to love Him for the life that He gave you, to thank Him for what He has suffered for you, to give yourself to Him to suffer with Him made Man for the salvation of mankind.

This is the prayer which, by uniting yourself to God the Father, Son and Holy Spirit, makes you live a divine life, even if you cannot and you must not forget being on the earth and having the need to ask Him for all that materially is necessary for you in order to live.

Prayers instead are the formulas that help you to pray, that is, they help you to express those feelings which I spoke to you about.

Prayer is the sweet smell of incense that ascends to the throne of God and which, by showing

Him your submission and nothingness, puts you in a position of the affectionate son who turns to his father and asks for his help in all of his necessities. It is also the devoted attitude of the servant who puts himself at the service of his master, or the subject who wants to fight for the defence of his King.

Prayer does not degrade, it does not debase man, because it puts him in communication with his God. It would be necessary to know the greatness of God in order to be able to understand what an honour He makes you in giving you a hearing.

If prayers express the mind's thoughts and the affections of the heart in the way that I told you, they are a means to pray, since they are the formulas that the Church has placed at your disposal to help you.

But if these formulas were recited only mechanically and only with the mouth, they would be insignificant things. Worse still: if on the part of the person who recites them there was neglect or ill-will, they could become an insult and an offense against God himself.

That is why I insist in saying to you, my daughter, to make sure always that the formulas are true prayer. Do not overabound with them, but those that you recite be said well. Put yourself face to face with God, with Me and invoke my Mother and the saints that they may help you to feel our presence within you and around you.

If your prayer is done well and in it you seek first of all the glory of God, you will have a sure means to sanctify and save yourself. Prayer well done will get you from God everything you desire ordered to eternal life.

I beg you, therefore: do not overabound in the formulas, but make sure that they become true prayer.

PURIFY YOUR SOULS AND YOUR FAMILIES

January 28, 1969

My children, I am present in this place to bless you and invite you to get ready for a feast not so much remembered and celebrated by the faithful and which also holds a deep meaning. I want to tell you about the feast of the Purification of my Mother and my Presentation in the Temple.

It is true that my Mother, already very pure by the gift of grace and by her will and God's, did not need to be purified. But her whole life and mine had to be the road following which my children, would have arrived at eternal glory.

That is why she, the All-Pure One, went to the Temple. My children, let this celebration be an incentive for you to want for you and the world a deeper and more intense purification.

Purify, I beg you, your souls continually in the exercise of your works of piety, in receiving with devotion and ever growing love those Sacraments that increase grace in you.

Do not be afraid to weep for your sins, for the healthy washing of tears better than any other prayer is worthwhile before God.

Purify your families from all that tarnishes or defiles it, and be vigilant so that the faith in it stays pure and as well, the conduct of each member; that it lives constantly in conformity to the Laws, inherent also in the human heart, but unfortunately very often forgotten, the Laws given by God himself, which are the Commandments.

And about the world, my children, what can I tell you? One thing only I want to say to you: keep faith to the teachings that you have received from your parents and from those who fought for those principles of faith and morals. Do not forget them and defend them, even if the world has become a mess where men grope in a dark mire.

Rest assured that the light will come to you constantly from my Vicar, who from Rome

directs and protects the fate of the Church.

No wind, neither from the right nor the left, will be able to knock down the mast. But pray, learn to suffer, love suffering, so that the greatest sufferings that may come up will not find you unprepared.

Let no fear of punishment terrify you, but let generosity and love spur you to accept everything, suffer everything, offer everything for the salvation of these my children, whom I loved and love with an infinite love, and who, in spite of Me, want to be lost.

I bless you, children; I bless the Church, the whole world and with particular affection this cenacle which I desire to be called "of the Merciful Jesus and the Mother of Divine Love."

LIVE MORE AND MORE UNITED TO ME

January 29, 1969

My daughter, listen to Me well: live more and more united to Me in the thought that you constantly need to turn to Me, in the heart that you unceasingly give Me and in the work that you go about doing for the glory of God and the good of souls.

Love the Mother, your good Teacher who continually takes care of you, helping you to overcome all difficulties and to overcome the Evil One, who, hating you, insinuates himself incessantly in all things and tries to put many obstacles, misunderstandings and bad things to your apostolate.

Be serene and peaceful in my Heart. I am with you and I help you. Be prepared to take on always new crosses, because the Cross is the sign of the Elect. No saint has reached glory without fighting and without the cross.

He who does not suffer in this life must suffer much worse punishments in the other, in comparison to which the pains of the present life are nothing.

Sow everywhere love and peace, joy and goodness even if you receive evil, because so I want and I have set for you the example.

Be generous, kind, selfless with everyone. Eternal life is worth much more than all the things of this world, and it is worth losing everything to win the future life of glory.

SPIRITUAL COMMUNION

January 31, 1969

"Jesus, I believe you are present in the Sacrament of the Altar in Body, Blood, Soul and Divinity, and in this moment I desire so much, so much to receive You.

Not being able to receive You under the species of bread, I invite You to come just the same in me. As already come, I love You and beg You to take complete possession of my whole self.

Think, Jesus, in my mind, love in my heart, act and work in my body.

I want to be your instrument of good in the midst of the world to help You build your Kingdom of Love in souls. "

My daughter, every time you recite this prayer I will realize your desire taking for my abode your body, and not only will I dwell there, as God and Man, but also my Father and the Holy Spirit will come in you, or rather you will come in us and you will establish a true pact of alliance.

Love Me, daughter, with all your heart, with all your mind and with your whole self, also for the multitude of souls who do not love Me and who respond badly to my graces and to my love invitations that every day I lavish towards them.

I AM PLEASED WITH YOU

February 2, 1969

My children, here you are gathered in my name to pray and to offer up your sufferings. I pray and offer with you. However, I invite you to join your offerings to the very precious offering that my sweet Mother made of Me as a little Child to the Eternal Father, to make it more precious and meritorious.

My children, I invite you again to think for a moment at the humiliation to which my most pure Mother wanted to be subjected to in being described not as the Mother of God but as a mother of whoever.

I invite you to observe such a great example and to learn from her to not take into any account public opinion, but to take care only about the judgment of God, that only matters.

Now I want to tell you one thing that will give you consolation. I see many people here present, who would enjoy to hear a special word from Me, and want to know if I am happy with the way they behave, and if I admire the goodness of their lives.

Well then, children, not in particular but to all I say: I am pleased with you, because for the mere fact that you come here and you are anxious for my word, you also have the desire to please Me through the work of perfectionment that you go on doing on your soul.

The anxiety that you have to improve, the humility, which makes you think of always being on the first rung of the ladder of holiness, is a guarantee that you are on the right path, and even if many weaknesses make you stumble and fall, I will be able to help you to stand up again and proceed, if not briskly, at least as children led by the hand to their father.

So I want you, my children: faithful, loving, fervent and good. I promise you that I always will be for you the good and understanding Father, loving and disposed to pardon and embrace, after having forgotten the distance that separates Me from you and your misery.

Children, I would like for you one at a time to be able to place your head on my Heart, to make you feel the power of those beats that would know how to split the hardest stones.

Love Me, forget so much human foolishness that keeps you unnecessarily apprehensive and makes you suffer unnecessarily. Love Me and everything will seem beautiful to you, and life will flow more serene, more simple, more interesting, that is, more useful to you and to all.

Children, I invite you to recite the invocation: *"Merciful Jesus, Mother of Divine Love, bless our cenacle, the Church and the world."*

I embrace you and I bless all your efforts and your families.

MAMMA CARMELA'S PUBLISHED WRITINGS

Titles in the original Italian editions:

Pensieri e Riflessioni	— published in 6 volumes
Gesù nostro Maestro	— published in 10 volumes
Maria, Madre e Maestra	— published in 25 volumes
I Santi, nostri intercessori	— one volume
Pellegrinaggi ed esercizi spirituali	— one volume

English Titles:

1. THOUGHTS AND REFLECTIONS

Six volumes in the series covering the period from March 14, 1968 to June 1, 1970 with 14 entries up to December 28, 1973. English translation under way.

Volume I	- 14 March 1968 to 23 April 1968, published 2011.
Volume II	- 24 April 1968 to 23 June 1968, published online 2014
Volume III	- 24 June 1968 to 29 September 1968, published online 2014
Volume IV	- 1 October 1968 to 2 February 1969, published online 2014
Volume V	- 2 February 1969 to 29 August 1969.
Volume VI	- 31 August 1969 to 28 December 1973.

2. JESUS OUR TEACHER

Ten volumes in the series starting from May 1, 1970 to October 26, 1978. English translation and publication undertaken by Divine Mercy Apostolate, Melbourne, Australia.

Volume I	- 1 May 1970 to 30 September 1971, published 2004.
Volume II	- 6 October 1971 to 25 May 1972, published 2005.
Volume III	- 29 May 1972 to 23 March 1973, published 2005.
Volume IV	- 29 March 1973 to 17 January 1974, published 2006.
Volume V	- 29 March 1973 to 17 January 1974, published 2006.
Volume VI	- 1 December 1974 to 9 October 1975, published 2006.
Volume VII	- 12 October 1975 to 25 June 1976, published 2006.
Volume VIII	- 29 June 1976 to 16 June 1977, published 2007.
Volume IX	- 17 June 1977 to 13 April 1978, published 2007.
Volume X	- 14 April 1978 to 26 October 1978, published 2007.

3. MARY, MOTHER AND TEACHER

Starting from June 15, 1969. English translation and publication undertaken by Divine Mercy Apostolate, Melbourne, Australia. Progress so far:

Volume I	- 15 June 1969 to 28 July 1970, published 2007.
Volume II	- 1 August 1970 to 30 March 1971, published 2008.
Volume III	- 2 April 1971 to 12 September 1971, published 2008.

Volume IV -12 September 1971 to 30 January 1972, published 2008.
 Volume V -1 February 1972 to 31 May 1972, published 2008.
 Volume VI - 4 June 1972 to 12 November 1972, published 2009.
 Volume VII -14 November 1972 to 28 March 1973, published 2009.
 Volume VIII -1 April 1973 to 4 September 1973, published 2009.
 Volume IX - 5 September 1973 to 31 December 1973, published 2010.
 Volume X - 1 January 1974 to 19 April 1974, published 2010.
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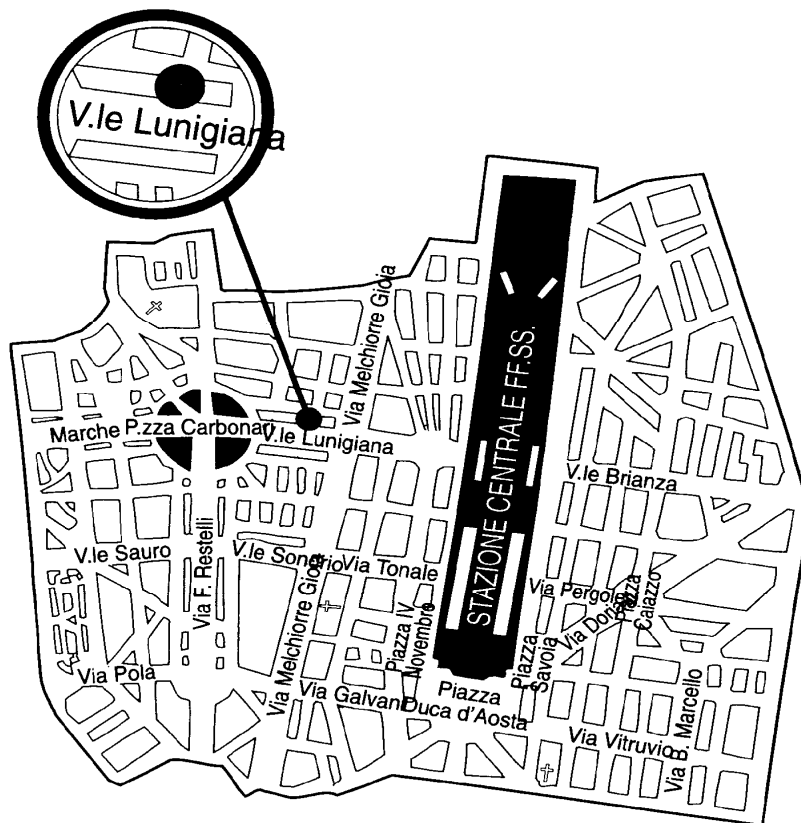
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THOUGHTS AND REFLECTIONS

Volume 4

FROM THE WRITINGS OF
MAMMA CARMELA

The Message of Merciful Love was received by Mamma Carmela during a period which lasted some ten years, from 1968 to 1978. It ended in the year that Rome had at last lifted the suspension on the Divine Mercy revelations to Sister Faustina, who was subsequently canonised by Pope John Paul II on April 30, 2000 in St. Peter's, Rome.



In 1968, in the city of Milan, a widow with a large family, who had given her whole life to works of Mercy in her city, was praying one evening when she heard a voice that said: *“You will be another witness to my Divine Mercy. I will bless you and give you special graces. I ask your help as a beggar asks alms. Will you help Me? I want you to find new apostles, and once again spread my message of Merciful Love to the ends of this earth.”*

On March 22, 1970 Sister Faustina herself gave a message to Carmela and her Mother of Divine Love Prayer Group, she said: *“It is not the first time that I come among you, but it is the first time that I wish to speak. I am Sister Faustina and I ask you to make with particular devotion the Novena of Mercy, so that all men will begin to believe in the mystery of salvation, which is contained in the devotion to the Divine Mercy.”*

Carmela Carabelli was born in Melegnano, Italy on May 9, 1910. She died in the peace of Christ on November 25, 1978. Since 1968 she received, almost daily, messages from Jesus Christ as the Merciful Jesus, and from the Blessed Virgin as the Mother of Divine Love. She transcribed straight away into notebooks all that was said, without hesitation or correction afterwards, in the form of conversations with Jesus, who spoke about his Father, the Father of all men, and of his Mother, very tenderly; and so lovingly of his foster father St. Joseph, and about many other saintly people, and through this privileged person to all the world, for these writings are meant for all who wish to seek and find God.

**“THOUGHTS AND REFLECTIONS” FOURTH IN THE SERIES
COVERING THE PERIOD FROM**

1 October 1968 to 2 February 1969